

Preliminary Program*



Preliminary Program

Preliminary program and draft sessions, as per May, 2019. It will be continuously adapted reflecting submissions and further proposed symposia accepted by the scientific committee (extended deadline: June 28, 2019); we still welcome proposals for new sessions and individual oral presentations and posters. We have avoided overlapping or parallel sessions to improve access to all symposia for all participants and improve communication between participants.

Pre-Conference Workshop (August 27–28, 2019) Dhulikhel, site of Kathmandu University

Pre-conference symposium with participation of representatives of all local stakeholders and international experts on women's health, exchange on challenges and solutions between regional and international experts, visit of Kathmandu University Campus and Hospital, and of local primary health care and counseling centers.

First Day – August 27, 2019

09:00 to 16:30

Morning Session – Women's Health in Nepal

Short welcome speech – *Prof. Dr. Koju (Dean of Kathmandu University)*

Cervical cancer among reproductive women – *Dr. Sunila Shaky*

Gender discrimination – its impact on women's health. – *Ms. Pratima Manandhar*

Tea break

Legal status and women health in Nepal– *Ms. Geeta Kamal Shrestha*

Domestic violence and child birth outcome in Nepal – *Dr. Kutna Pun*

Lunch

Evening Teaching Session – Teaching course

14:30-16:30

Teaching session I *Prof. Dr. Thomas Wenzel*

Teaching session II *Prof. Dr. Davis Baron*

Short closing remarks - *Prof. Thomas Wenzel*

Second Day – August 28, 2019

09:00 to 17:00

Local Health Center Dhulikhel Hospital

Excursion: visit of a local health-care center of Dhulikhel Hospital

Local health-care system and women's health related program

Main Scientific Conference, Kathmandu (August 29–31, 2019)

Hotel Crowne Plaza Kathmandu – Soaltee

First Day – August 29, 2019

09:00 to 18:00

Opening

In Memory Dr. Kedar Manandhar

Rector, Kathmandu University

Dean, Kathmandu University

Representative of Womens Projects in Nepal

Representatives of International Organisations

Dr. Arun Kunwar, President, Psychiatrists' Association of Nepal (PAN)

Representative of WPA

Key note lectures :

09:30 to 13:00

An introduction: Mental Health, safety and wellbeing of women in Asia

- | | |
|-------------|--|
| 9:30-10:00 | An introduction: Mental health, safety and well-being of women in Asia
<i>Indira Sharma (India)</i> |
| 10:00-10:30 | An overview: Women's health as interdisciplinary public health challenge
<i>N.N.</i> |
| 10:30-11:00 | Heterogeneous and "hidden" long-term impacts of exposure to war and violence
<i>Boris Drozdek (The Netherlands)</i> |
| 11:00-11:30 | <i>Tea break</i> |
| 11:30-12:00 | Women's health as a regional challenge in India
<i>Prabha S. Chandra (India): **</i> |
| 12:00-12:30 | Integrating different disciplines to improve mental health, safety and well-being
<i>Thomas Wenzel (Austria)</i> |
| 12:30-13:00 | The ignored practice of menstruation in Nepal and its impact on women's health, and safety in the era of 2030 agenda
<i>Radha Paudel (Nepal)</i> |

13:00-14:00 Lunch

Afternoon sessions

14:00 to 18:00

Symposium 1): Women and substance use disorder: How to prevent violence exposure

(Chair: Gabriele Fischer, Austria and Ajay Risal, Nepal)

14:00-14:20 **Facts & figures from UNODC Perspective**

Elizabeth Saenz (UNODC, Austria)

14:20-14:40 **Violence in substance abusing women related to co-morbidities**

Marta Torrens (Spain)

14:40-15:00 **Intimate partner violence exposure in women with SUD**

Judit Tirado-Muñoz (USA)

15:00-15:20 **Violence in women with SUD under the human rights mandate**

Gabriele Fischer (Austria)

15:20-15:40 **Comparison of belief and attitude towards treatment of substance use disorders among trained and untrained female medical students and residents**

Biqya Shah, Rabi Shakaya (Nepal)

15:40-16:20 *Tea break*

Symposium 2) Women in armed conflicts- Physical and Mental Health

(Chair: David Baron, USA)

16:20-16:40 **Sexual and reproductive health for women in war and conflict zones: Issues for concern**

Santosh Kumar Mishra (India)

16:40-17:00 **Gear to safeguard health rights of women in non-international armed conflicts in Asia: Drawbacks and Impediments**

Kalyani Jayasekera (Sri Lanka)(Skype)

17:00-17:20 **Human rights in persecution and torture**

Reem Alksiri (Syria/ The Netherlands)

Short break 10 Minutes

Symposium 3) Brain trauma after violence- a special challenge in diagnosis and treatment. Chair: David Baron, Nikolaus Steinhoff.

17:20-17:40 **Gender differences in neuroimaging following brain trauma?**

David Baron (USA)

17:40-18:30 **Unveil the stories from public transport in Nepal**
Radha Paudel (Nepal)

Second Day – August 30, 2019

09:00 to 18:00

Morning Sessions:

9:00 to 12:20

Symposia 4) Culture and gender

Chair: Thomas Wenzel (Austria)

9:00-9:20 **Culture and third Sex**
Thomas Stompe (Austria)

9:20-9:40 **Self esteem among transwomen in India: a qualitative analysis**
Harsimar Kaur (India)

9:40-10:00 **An ethnography of a sterilisation camp: women's health and population control
in rural north India**
Eva Luksaite (United Kingdom)

10:00-10:20 **Health risk behaviors among young people: Role of gender and family**
Babita Thapa Adhikari (Nepal)

10:20-10:50 *Tea break*

Symposium 6): Trafficking

Chair: Reem Alksiri (Syria/ The Netherlands)

10:50-11:20 **Mental health and human trafficking**
Meryam Schouler-Ocak (Germany)

11:20-12:20 **Healing trauma in women and supporting them to discover their own identity
and self-worth**
Sarala Tamang, Harambee Arts Nepal

12:20-12:40 **Addressing Violence against women & girls: an intervention for survivors of
sexual abuse**
Satvika Khera (India)

12:40-14:00 *Lunch and Poster Session*

Symposium 6): Medical safety for pregnant women (Symposium)

Chair: Suman Raj Tamrakar (Nepal)

- 14:00-14:20 **Maternity- prevention of complications in pregnancy and during birth**
Karen Weißhaupt, Charité (Germany)
- 14:20-14:40 **Screening and diagnosis of gestational diabetes**
Christian Göbl, Medical University (Austria)
- 14:40-15:00 **Medical treatment of missed abortion in the first trimenon**
Michael Sommergruber, Medical University Salzburg (Austria)
- 15:00-15:20 **Low cost infertility diagnosis and treatment - risks and opportunities**
Michael Feichtinger, WIF/Karolinska Medical University (Austria/Sweden)
- 15:20-15:50 *Tea break*
- 15:50-16:50 **INF Obstetric Fistula (OF) in Nepal with film**
Ingrid Baumann-May (Nepal)
- 16:50-18:00 **Round Table**
Dialogue on dignified menstruation for assuring safety of girls and women
(Representatives from Nepal, India, Europe)

Third Day – August 31, 2019**09:00 to 14:00****Symposium 8): Special challenges on safety and well-being:**

Chair: Boris Drozdek (The Netherlands), Pratima Manandhar (Nepal)

- 9:00-9:20 **Violence against women: Medical professionals' role in uncovering domestic violence**
Magdalena Eitenberger, Klara Doppler (Austria)
- 9:20-9:40 **Breaking the silence: The role of medical reporting systems in increasing female patient safety**
Magdalena Eitenberger, Klara Doppler (Austria)
- 9:40-10:00 **Histories of intimate partner violence among women in short stay shelter homes**
Shilpa K S, Suman L N (Bengaluru)
- 10:00-10:20 **Awareness on mental illness among adults of Tharu community in Nepal**
Ranjana Koirala (Nepal)

10:20-10:40 **Women and pain- chronic pain problem of women as an answer to social and mental problems**
Solmaz Golsabahi-Broclawski (Germany) (Skype)

10:40-11:00 **Women's Health & Safety in places of detention**
Joost den Otter (ICRC), Afghanistan

11:00-11:30 *Tea break*

Symposium 9): Children

Chair: Thomas Wenzel (Austria)

11:30-11:50 **Mental health problems of children and adolescents with migration background**
Turkan Akkaya- Kalayci (Austria)

11:50-12:20 **Postpartum depression among women attending maternal and child health Clinic in selected hospitals of Nepal**
Durga Mishra (Nepal)

Symposium 10): Cultural aspects in treatment:

Chair: Mayram Schouler-Ozak (Germany/WPA Transcultural Psychiatry).

12:20-12:40 **The Spirit of time - about the deconstruction of sexual inequality and the reconstruction of love**
Sandra Tod (Austria)

12:40-13:00 **Mental Health in Tibetan Medicine**
Miriam Anders (Germany)

13:00-13:20 **Importance of word in CBT: The context of SriMadBhagavad Geeta**
Aditya Angiras (India)

Closing ceremony and panel: International organizations, leadership Kathmandu University and regional Universities, Conference organizers, Preparation of declaration on women and safety in Asia

Poster session:

Gifted girls and women

Alma Drekovic, Solmaz Golsabahi-Broclawski (Germany)

Sex and gender differences in substance use

Melanie Berg, Solmaz Golsabahi-Broclawski (Germany)

Perceived stress among female students

Jasvir Kaur (Punjab, India)

A pathway to good mental health among female students

Nipunta Kaur (Punjab, India)

Violation educational rights of Women in India

Kirandeep Kaur (Punjab, India)

Sertraline induced urinary retention in a young female : a case report

Bigya Shah, Rabi Shakaya (Nepal)

The great mimicker: a case report on neuropsychiatric presentations of temporal lobe epilepsy

Lew Sheau Voon, Chua Sze Hung, Sarah Marilyn Amin, Shahlini Selvarajoo, Nurul Nadiah Muhamad, Jessica Kaur Moti¹, Lim Ai Hwa, Chan Kok-Lye, Loo Jiann Lin, Nicholas Pang Tze Ping,

Chairs and Speakers

Adhikari, Babita Thapa (Ph.D. student)
School of education, Kathmandu University, Hattiban, Lalitpur, Nepal

Akkaya-Kalayci, Türkan (MD, Ph.D., PD)
Psychiatrist
Medical University Vienna, Austria

Alksiri, Reem
Syrian center for research and studies and WPA scientific section sequels to persecution, Syria/The Netherlands

Amin, Sarah Marilyn
Hospital Mesra Bukit Padang, Sabah, Malaysia

Anders, Anne Iris Miriam (Mag.phil. Dr.phil. Dr.scient.pth., B.A.)
Anthropologist
Institute for Social and Cultural Anthropology, Ludwig-Maximilians-University Munich, Germany

Angiras, Aditya (Dr., Ass. Professor)
Department of Hindi, Vishveshvaranand Vishwa Bandhu Institute of Sanskrit and Indological Studies, Panjab University/Hoshiarpur, Punjab, India

Bajracharya, Jamuna (M.Sc.)
Psychiatric and Mental Health Nursing
Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Bajracharya, Siddhi Laxmi (M.Sc., Ass. Professor)
Community Health Nursing
Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Baron, David Arnold (MSEd, DO, Professor)
Psychiatrist
Prof., Provost(Rector), and Senior Vice President of Western University of Health Sciences and Emeritus
Prof. at USC, USA

Baumann-May, Ingrid
Public health scientist, nurse, midwife
International Nepal Fellowship (INF), Nepal

Berg, Melanie (Dipl. Soz.)
Social worker, Assistance MITK
Medizinisches Institut für transkulturelle Kompetenz, Bielefeld, Germany

Chandra, Prabha S. (MD, FRCPsych, FRCPE, FAMS, Professor)
Head of Department of Psychiatry
National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, *India*

Doppler, Klara
Institute of Ethics and Law in Medicine, University of Vienna, Austria

Drekovic, Alma (M.A.)
Business coach, Coach for the gifted, Assistance MITK
Medizinisches Institut für transkulturelle Kompetenz, Bielefeld, Germany

Drozdek, Boris (MD, MA, Ph.D.)
Psychiatrist and psychotherapist
PsyQ Psychotrauma, Eindhoven, The Netherlands

Eitenberger, Magdalena (Mag., BA, MA, Ass. Professor)
Institute of Ethics and Law in Medicine, University of Vienna, Austria

Feichtinger, Michael (MD, Ph.D, PD)
Gynecologist and Obstetrician
WIF/Karolinska Medical University, Austria/Sweden

Fischer, Gabriele (MD, Ph.D., Professor)
Psychiatrist
Medical University Vienna, Austria; WPA

Göbl, Christian (MD, Ph.D., PD)
Gynecologist and Obstetrician
Medical University Vienna, Austria,

Golsabahi-Broclawski, Solmaz (MD, Ph.D.)
Psychiatrist
Medizinisches Institut für transkulturelle Kompetenz, Bielefeld, Germany

von Heydwofff, Andreas (MD, Ph.D.)
Psychiatrist
Private medical practice, Vienna, Austria

Jayasekera, Kalyani (Ph.D.)
Faculty of Law, General Sir John Kotelawala Defence University Ratmalana, Sri Lanka

Joost J den Otter, PhD MD MSc
Health Programme Manager / Detention
International Committee of the Red Cross (ICRC)
Kabul, Afghanistan

Kaur Harismar
Student
Punjabi University Patiala ,Punjab, India

Kaur Nipunta
Student
Punjabi University Patiala ,Punjab, India

Kaur Jasvir
Student
Punjabi University Patiala ,Punjab, India

Kaur Kirandeep
Teacher
Punjabi University Patiala ,Punjab, India

Khera Satvika, MSc Project Lead, Sayfty
Human rights researcher
Northwestern University

Koirala, Ranjana (Bachelor in Nursing Sciences)
Maharajung Nursing Campus, Tribhuvan University, Nepal

Luksaite, Eva
Medical anthropologist
School of Medicine, Keele University, UK

Manandhar, Pratima (MN, MEd)
Kathmandu University, Scheer Memorial Adventist Hospital, Medical Institution College of Nursing, Banepa,
Nepal

Mishra, Durga Khadka (MPH, MPhil, Ph.D. Scholar, Assoc. Professor)
Department of Public Health, Manmohan Memorial Institute of Health Sciences, Soalteemode, Kathmandu,
Nepal

Mishra, Santosh Kumar (Ph.D.)
Population Education Resource Centre (PERC), Department of Lifelong Learning and Extension, S. N. D. T.
Women's University, Maharashtra, India

Paudel, Radha (MDM, MA, MEd, BN)
Humanitarian social activist
Radha Paudel Foundation, Nepal

Pun, Kunta Devi (M.Mid, Ph.D., Assoc. Professor)
Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Risal, Ajay (MD, Ph.D., Assoc. Professor)
Psychiatrist
Department of Psychiatry, Dhulikhel Hospital - Kathmandu University Hospital, Dhulikhel Kavre, Nepal

Saenz, Elizabeth (Ph.D.)
Psychologist
United Nations Office on Drugs and Crime (UNODC), Drug Prevention and Health Branch, Prevention,
Treatment and Rehabilitation Section, Vienna, Austria

Schouler-Ocak, Meryam (MD, Ph.D., Professor)
Psychiatrist, Psychiatrische Universitätsklinik der Charité im St. Hedwig Krankenhaus, Berlin, Germany

Shah, Bigya
Psychiatrist
Patan Academy of Health Sciences, School of Medicine, Patan, Nepal

Shakya, Sunila (MBBS, MD, Ph.D.)
Gynecologist and obstetrician
Dhulikhel Hospital - Kathmandu University Hospital, Dhulikhel Kavre, Nepal

Sharma, Indira (MBBS, MD, MAMS, Ph.D., Professor)
Head of Department of Psychiatry
Banaras Hindu University Varanasi, Uttar Pradesh, India

Shilpa, K. S.
Clinical psychologist, research scholar
National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, India

Shrestha, Akina (MPH, Ph.D.)
Lecturer in Public Health
Kathmandu University School of Medical Sciences, Dhulikhel Kavre, Nepal

Shrestha, Geeta Kamal (Master in Nursing in Women's Health and Development, Assoc. Professor)
Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Shrestha, Sushila (Master in Community Health Nursing)
Lecturer in Community Health Nursing
Kathmandu University School of Medical Sciences, Dhulikhel Kavre, Nepal

Sommergruber, Michael (MD, Ph.D.)
Gynecologist and Obstetrician
Medical University Salzburg, Austria

Srinath, Shilpa
Clinical Psychologist
National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru

Steinhoff, Nikolaus (Prim. Dr.)
Neurologist, medical director of OptimaMed Neurological Rehabilitation Center Kittsee, Austria

Stompe, Thomas (MD, Ph.D., Professor)
Psychiatrist
Medical University Vienna, Austria; WPA

Suman, L. N.
Clinical psychologist, research scholar
National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, *India*

Sarala Tamang
Harambee Arts Nepal

Tirado-Muñoz, Judit (Ph.D.)
Psychologist
Hospital del Mar Medical Research Institute (IMIM), Barcelona, Spain and San Diego, USA

Tod, Sandra (MD, Ph.D.)
Psychotherapist
Private medical practice, Vienna, Austria

Torrens, Marta (MD, Ph.D., Professor)
Psychiatrist
IMIM Hospital del Mar, Medical Research Institute, Barcelona, Spain

Weißhaupt, Karen (MD, Ph.D.)
Gynecologist and Obstetrician
Clinic for Obstetrics, Charité – Universitätsmedizin Berlin, Germany

Wenzel, Thomas (MD, Ph.D., Professor)
Psychiatrist
Medical University Vienna, Austria; WPA scientific section sequels to prosecution

Sponsors

ASTRO PHARMA

ivf express



Austrian Society for Reproductive Medicine and Endocrinology