世界精神病学协会 ASSOCIATION MONDIALE DE PSYCHIATRIE WELTVERBAND FÜR PSYCHIATRIE ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA BCEMMPHAR ICUXMATPU4ECKAR ACCOLJAUJUR ASOCIACIÓN MUNDIAL DE PSIQUIATRIA



**WPA NEWS** Official Quarterly News Bulletin of WPA

#### WWW.WPANET.ORG

### Solidarity: a core value of WPA reflected in WPA News

Solidarity, along with internationalism, is one of the core values of the WPA. These core values contained and reflected in its daily activities, while sculpturing the inter-organizational and intra-organizational relations, also construct the identity and image of the association.

Solidarity, as a term, from Latin solidum (whole, sum), was first used in the mid-19th century. Defined as the union arising from common responsibilities, interests, purposes, and feelings between members/parts of a group, solidarity is a paradigm and a modus operandi for the WPA. The interdependence of its components via set regulations and ethical values build up a greater impact than the total sum of its parts.

In the fields of psychiatry and mental health, solidarity is materialized in various examples of partnerships and collaborative activities aiming shared goals. Solidarity of the psychiatrists with the other medical and mental health professionals, with the people experiencing ill mental health, and their carers, and with their relevant organizations generate rewarding outcomes on international level. In WPA, solidarity, based on respect to the voice of its components, capacity of containing various opinions, orientations and perspectives, and guiding them towards shared objectives improves the international identity and potency of this association.

High professional ethical standards, high quality scientific research, good clinical praxis, comprehensive and non-discriminatory mental health services and training programmes across the world could become concrete ambitions only through solidarity and internationalism.

All of the WPA Components have been contributing to this core value of solidarity; also reflected here on the pages of the WPA News. We are pleased that the WPA News increases the visibility of this genuine asset of the WPA, and would like to kindly ask you to continue on contributing to our core values.

Levent Küey WPA News Editor WPA Secretary General

### Report from the President

Period: January – March 2013



| March 2013

Pedro Ruiz

Dear friends and colleagues from around the world,

The quarterly period of January 1, 2013 through March 31, 2013 was a very successful and busy one for all of us in the WPA, especially me.

During the period of January 10-12, 2013, we conducted one of the best planned, attended and organized WPA Regional Meeting in Asuncion, Paraguay. This event was organized under the aegis of the WPA President Action Plan for 2011-2014. It was well attended with about 1,000 psychiatrists not only from Paraguay, but from "Cono Sur" region of the WPA, especially from Bolivia, Argentina, Chile, Uruguay and other Latin American countries. This event was also planned and organized in collaboration with the "Asociación Psiquiátrica de América Latina (APAL)", whose current President, Dr. Alfredo Cia joined us, was present, and fully participated in the scientific program of this event. The enthusiastic local collaboration of Dr. Andres Arco Ramirez was not only outstanding, but memorable as well. Without doubt, this unique and effective event will always be remembered in the Latin American Region of the WPA. The content of the "Educational Program" focused on: public health, addictions, child abuse, violence and mental health, early career psychiatrists, gender violence, family violence, primary care, forensic psychiatry and access to care. Needless to say, Paraguay is perhaps the country in most need of assistance in Latin America with respect to psychiatric access, care and prevention in Latin America. I have never felt more proud and fulfilled in my entire psychiatric career than during this event in Paraguay. The role of the WPA has never been more effective and appreciated than during this unique and

much needed educational program held in Paraguay.

On February 22-23, 2013, I attended, together with Dr. Edgard Belfort, our WPA Secretary for Education and several other key psychiatrist leaders from Latin America, an excellent educational event held in a non-profit and large psychiatric hospital operated in Guayaquil, Ecuador, under the auspices of a "benevolence community-based Board of Directors". This psychiatric facility fully operated via community contributions is over 100 years old, is being fully transformed into a state of the art psychiatric facility, and we had the opportunity to make relevant suggestions to the "Community Board of Directors", professional staff, staff at large, and community leaders related to the improvement on the quality of the care offered in this hospital, whose Medical Director is our current WPA Zonal Representative for Northern South America (Zone 4), Dr. Fabrizio Delgado Campodonico. On this occasion, we also officially introduced the book on "Bipolar Disorders" authored by our WPA Secretary for Education, Dr. Edgard Belfort.

Finally, on March 20-22, 2013, I attended, together with Dr. Levent Küey, our WPA Secretary General, the "XXVII Central American Psychiatric Congress". This event well attended, led by Dr. Tirza Merino Gomez, current President of the "Asociación Salvadoreña de Psiquiatría" was an excellent event. It also permitted me, Dr. Belfort, and Dr. Küey to deliver educationally driven lectures as part of our WPA Action Plan for 2011-2014. The President of the Psychiatric Societies of Costa Rica, Guatemala, Honduras, Panama, Puerto Rico and Dominican Republic were

Continued on page 2.

also present. We additionally conducted a WPA Forum in which all the Presidents of the Central American Psychiatric Societies were present, as well as a group of psychiatric residents who were very much involved in the current educational needs insofar as psychiatry and mental health is concerned for this WPA region of the world. Needless to say, this WPA Forum was not only excellent, but also permitted us to actively plan future WPA activities in Central American countries, especially in the educational area. Without questions, this past quarter (January – March 2013) was very productive and effective for our current WPA leadership. I also felt not only honored with these very effective WPA activities, but very proud as well. I look forward to the next WPA activities and contributions to take place in the next 2013 quarter. Cordially,

Ami

Pedro Ruiz, M.D. WPA President (2011-2014)

### FACTS ABOUT THE WPA WEBSITE (WWW.WPANET.ORG)\*

#### Content

The WPA website, currently hosting more than 3500 items, reflects and reconstructs the activities of all the WPA components. All these material are freely downloadable. Some of them are listed below:

- All issues of the WPA official journal, World Psychiatry (in up to 10 languages), and the official newsletter, WPA News;
- News from all WPA Components (including the secretariat, meetings, publications, scientific sections, member societies, zonal representatives, affiliated associations, committees and the WPA normative instruments);
- Continuing educational material for psychiatrists and educational material for the general public on mental health issues;
- The WPA E-Learning Programme covering videos and slide sets of prominent scientific lectures and presentations from the WPA Congresses;
- Sets of educational slides based on a series of WPA books on depression with diabetes, heart disease, and cancer, in up to 17 languages;
- An educational module and two sets of slides on physical illness in patients with severe mental disorders;
- Information on the WPA material describing successful experiences in the mental health field;
- Some essential documents for the benefit of improving the ethical and scientific quality standards of our profession, in-

cluding, the Madrid Declaration on Ethical Standards; the WPA template for undergraduate and postgraduate education in psychiatry and mental health; recommendations for relationships of psychiatrists, health care organizations working in the psychiatric field, and psychiatric associations with the pharmaceutical industry; recommendations on best practices in working with service users and family carers; and WPA guidance papers on implementation of community mental health care; how to combat stigmatization of psychiatry and psychiatrists; mental health care in migrants; and promotion of mental health in children of persons with severe mental disorders.

#### Performance

The performance of the website shows a wide acceptance across the world and is followed closely with periodic analysis. Here are some figures for the period between April 12, 2010 and October 12, 2012.

- Average number of visits per day: 348; average number of pages per visit: 3.36.
- A total of 215,836 people have visited the WPA website, making 313,916 visits.
- These visits came from 209 countries/territories, practically covering all parts of the world. If we note that the number of countries in which WPA has national member societies is 117, this means that the WPA is even reaching over its organizational limits by its website.
- The website is continuously visited by new people, with the proportion of new visitors being 69%. This is also reflected in the fact that 68% of the visitors of the website reach it via "search engines", while 17%

via "referring sites", and 15% using "direct traffic".

#### Impact

One of the widely used criteria to measure the impact of a website is "page rank check", a free service provided by Google. The page rank value indicates the importance of a particular website/page. Being an objective measure of its citation importance, it also corresponds well with people's subjective idea of importance.

• Currently, the page rank of the WPA website is 7/10 (that is, the page rank value is 7 from 10 possible points), which reflects a high impact compared to many other similar websites.

As the editor and the WPA Secretary General, I have been facilitating this process with the cooperation of the WPA Executive Committee members of 2008–2011 and of 2011–2014 and our past and current secretariat staff, Anna Engstrom, Francesca Sotgiu, and Pamela Atiase, and our IT staff at the Istanbul-based agency Saglik Bahcesi. Their enthusiasm, support, and skillful efforts are highly appreciated.

#### Levent Küey WPA Secretary General WPA Website Editor

(\*) This is a summary of a more detailed article on the WPA website: Kuey L. The characteristics, content, performance, and impact of the WPA website (www.wpanet.org). World Psychiatry 2013; 12: 85-86.

# News from Zonal Representatives, Member Societies, and Affiliated Associations



Contact: WPA Secretary General, Levent Küey, wpasecretariat@wpanet.org

### WPA ZONE 4 (NORTHERN SOUTH AMERICA)

On February 22 and 23 took place an educative activity of the Secretary for Education of the WPA in Guayaquil, Ecuador. This activity included the visit to the Neurosciences Institute of the Junta de Beneficencia de Guayaquil, a local welfare and non-profit institution that manages four big hospitals and other social and educative services that benefit poor people. During this visit, they participated in an open forum focused on the fight against stigma and discrimination of the mental health patient with medical staff, patients and community members. This activity was led by Profs. Pedro Ruiz and Edgard Belford, President and Secretary for Education of the WPA, respectively, with the participation of Profs. Enrique Camarena, Silvia Gaviria and Fabrizio Delgado, past president of the Latin American Psychiatric Association, member

WPA ZONE 10 (EASTERN EUROPE)

> A WPA co-sponsored meeting (Zone 10) entitled "Actual problems of Psychosomatics and Affective disorders" took place in Moscow, Russia on March 14-17, 2013. The conference was organized by the efforts of the Russian Society of Psychiatrists (RSP) and the Psychiatry and Psychosomatics Department, the First Moscow State Medical University and within the direction of continuous medical education for professors and Heads of Psychiatry Departments.

> Around 150 professors from different regions of Russia took part in this scientific event; among them there were Academicians S.B. Seredenin, A.B. Smulevich, A.S. Tiganov, Professors N.G. Neznanov (RSP President),

of the WPA Section on Women's Mental Health, and Northern South America WPA Zonal Representative, respectively. This forum was a sound and successful activity that had substantial impact in this country, since it was widely covered and widespread by local media. It will certainly be an asset in local efforts on the inclusion of mental patients in the community.

In this regard, WPA members had the opportunity to witness the improvements accomplished and the amelioration of practice standards and physical infrastructure for the treatment of the acute mental patients in the psychiatric hospital of the Institute, with a strong emphasis on family and patient psychoeducation, psychotherapeutic and occupational therapies and recreational activities, and a successful socio-familial reinsertion program as well as an assisted residential program for the chronic institutionalized inpatients that had permitted them to exit its asi-



Seated from left to right are Profs. Pedro Ruiz, Enrique Camarena, Edgard Belfort, Silvia Gaviria, and Fabrizio Delgado.

lar structure and returned to a new life in the community, in a supervised home program for many of them. This successful program began six years ago and permitted the return to their families in the community of aproximately 600 institutionalized patients.

#### Fabrizio Delgado WPA Zonal Representative for Zone 4 (Northern South America)

V.N. Krasnov (Director, Moscow Research Institute of Psychiatry), P.V. Morozov (WPA Zonal Representative for Zone 10 - Eastern Europe), A. Seretti (Italy), and others.

The issues of clinical psychopathology, genetic data, epidemiological findings, evidencebased therapy and preventive measures regarding psychosomatic and affective disorders were discussed. Recent data on the studies in the specialized field of psycho-cardiology, psycho-neuroendocrinology, psycho-dermatology and psycho-oncology were presented. The session on professional interests was devoted to the historical heritage of teachings and modern concepts of personality disorders.

Peter Morozov WPA Zonal Representative for Zone 10 (Eastern Europe) Daria Smirnova



Dr. M. Samushia, Ass. Professor, scientific secretary of the meeting, lectures on psycho-oncology.

### WPA ZONE 2 (UNITED STATES OF AMERICA)

Now that the United States Presidential election is over and the Supreme Court ruled that the Affordable Care Act (ACA), also known as Obamacare, is indeed constitutional, the focus has shifted to the implementation of ACA. The law is very favorable toward the treatment of mental illness, increasing the access to mental health care and providing parity of coverage for the treatment of mental illness compared to other illnesses. There are other aspects of the bill that are more problematic and APA and AMA are working to change those provisions.

In Zone 2, there were two major American Psychiatric Association (APA) meetings in 2012: the annual meeting in Philadelphia in May and the Institute on Psychiatric Services in New York City in October. The annual meeting had approximately 11,000 attendees, including 2,900 international attendees from 92 countries. There were a number of international symposia and special presentations and a meeting of the leadership of APA and WPA. The Institute on Psychiatric Services is an annual smaller meeting in October each year with a special focus on systems of care and public health issues. At this past October meeting, WPA President Professor Pedro Ruiz, received the APA Administrative Psychiatry Award (for the 2nd time in his illustrious career) and delivered a lecture entitled "Poverty as a Factor in Social Crisis and Human Disasters". At APA, we have raised the issue of the possibility of an APA meeting being co-sponsored by WPA, perhaps a future Institute on Psychiatric Services. This will be further discussed at the Board of Trustees meeting in March.

A major APA focus at this time is the final work on DSM 5 which will be published and released at the annual meeting in San Francisco in May, 2013, 19 years after the publication of DSM IV. Several dozen international colleagues have had major roles in the development of this manual and there has been considerable effort to harmonize the DSM 5 and ICD 11. There are many notable changes in DSM 5 including the elimination of the multi-axial system. Five categories that will undergo major changes in the DSM 5 are Autism Spectrum Disorders, Substance Use Disorders, Eating Disorders, Sleep Disorders and Neurocognitive Disorders.

John S. McIntyre WPA Zonal Representative for Zone 2 (United States of America)

### INDIAN PSYCHIATRIC SOCIETY

#### ANCIPS 2013 Bangalore -A grand success

The 65th Annual Conference of Indian Psychiatric Society held at NIMHANS Bangalore on 10-13 January 2013 was a grand success. With over 3,700 registrations, it has set a new record. More than 225 posters, 225 free papers, 80 symposia/workshops and 25 lectures provided a rich academic feast, justifying the theme "Psycho-social adversity and Mental Health".

Invited speakers included Norman Sartorius, Juan Mezzich, Vijoy K. Varma, Eliot Sorel, Driss Moussaoui, Dilip Jeste, MS Keshavan, RS Murthy, P. Sainath, Mohan Isaac, Rudra Prakash, James Scully, Michel Botbol, Laurence Mynors-Wallis, R. Raguram, KS Jacob, Vikram Patel, C. Andrade, PK Singh, BS Chavan and IRS Reddy. Many have informed us that this was one of the most outstanding scientific programmes ever in the history of Indian Psychiatric Society (IPS), amply exemplified by the houseful attendance in almost all sessions. Prof. Norman Sartorius was chief



Inaugural Ceremony of the 65th Annual Conference of Indian Psychiatric Society (ANCIPS) at Bangalore on 10 January 2013. Seen in the picture are S. Kalyansundaram, Vinay Kumar, TSS Rao, Indira Sharma (New President), Asim Mallik, Norman Sartorius (chief guest), Roy Abraham Kallivayalil (President), Eliot Sorel, Dilip Jeste (President-APA), Driss Moussaoui (President-WASP), M. Thirunavukarasu, and A. Jagadish.

guest at the glittering inaugural ceremony and Mr. Preet Oberoi was the guest of honour. CME was inaugurated by Prof. Satish Chandra and Valedictory by Justice N. Kumar. Special symposia included WPA Section on Preventive Psychiatry Symposium, Nimhans Platinum Jubilee Symposium, IPS – WASP - IAPA Symposium and Sessions by IAPA, BIPA and SAARC Psychiatric Federation.

The Conference also marked the release of: i) IPG PG teaching Guidelines 2013 (prepared by Mohan Isaac, Pratima Murthy and team); ii) IJP Supplement on 'Indian Mental Health Concepts' (TSS Rao); iii) Recommendations on Marriage and Mental Illness (Sonia Parial); iv) 'Community Psychiatry in India' (PB Behere); v) Conference Sovenir (RB Galgali) and e-Directory (Vinay Kumar). Other innovations included an exclusive 'Young Psychiatrist Tract', International Young Psychiatrist Fellowships and KC Dube and M Murugappan Awards and e-Posters for the first time. Let me express our heartiest appreciation to the Organizing Committee led by Dr. S. Kalayanasundaram for their exemplary work. They have spent several sleepless nights and left no stone unturned for the success of this Conference.

Prof. Indira Sharma has assumed office as our new President. She is a brilliant academician and a dynamic leader and we extend our best wishes to her. As the Conference President, let me express my indebtedness to the members of the scientific committee, Prof. Asim Kumar Mallik (General Secretary) and Prof. TSS Rao (Editor), Treasurer Dr. Vinay Kumar, IPP Thiru and IPGS UC Garg, the members of the EC and all our Fellows and members for their constant guidance and support. We also thank the WPA for co-sponsoring the Conference.

#### Roy Abraham Kallivayalil Immediate Past President Indian Psychiatric Society

### EGYPTIAN PSYCHIATRIC ASSOCIATION

Report on the WPA co-sponsored "1st International Congress of Early Career Psychiatrists" with the theme "Towards Professionalism in Psychiatry", held in Cairo, Egypt on 9-11 January 2013

The Early Career Psychiatrists section of the Egyptian Psychiatric Association organized the first international congress targeting early career psychiatrists as the main audience. It was an initiative aiming to allow early career psychiatrists (ECPs) from all over the world to share their experiences and knowledge, and to establish new networks and friendships. Distinguished speakers and professors participated to help developing ECPs skills and training through keynote lectures, workshops and symposia. The congress was organized by the Early Career Psychiatrists section of the Egyptian Psychiatric Association in collaboration with several other associations including: the European Federation of Psychiatric Trainee (EFPT), Asian Federation of Early Career Psychiatrists (AFECP), Japanese Young Psychiatrists Organization (JYPO), Taiwanese Young Psychiatrists Organization (TYPO), Russian Early Career Psychiatrists Council, Swiss Association of Psychiatric Trainee, Czech Psychiatric Association, Belarusian Psychiatric Association, Young Psychiatrists Network and the Society for Trans-cultural Psychiatry in the German Speaking Region (DTPPP). The congress was co-sponsored by the World Psychiatric Association (WPA), European Psychiatric Association (EPA) and Asian Federation of Psychiatric Associations (AFPA).



A group of participants who attended the 1st International Congress of Early Career Psychiatrists in Cairo, Egypt.

The congress was held in Cairo, from 9th to 11th January 2013 with the theme of "Towards Professionalism in Psychiatry". On the first day, the opening ceremony took place in the presence of the congress Honorary President Prof. Ahmed Okasha (President, Egyptian Psychiatric Association and WPA Past President), the Congress President Prof. Tarek Molokhia (Head of the Early Career Psychiatrists section, Egyptian Psychiatric Association), Prof. David Baron (Chair of the WPA Section on Exercise, Psychiatry and Sports) and Dr. Hussien Elkholy (Representative of the Early Career Psychiatrists section, Egyptian Psychiatric Association). This was followed by the Plenary Lecture by Prof. Ahmed Okasha entitled "Psychiatry: The Myth of Psycho-socio-biological Model". In the next two days there were lectures and workshops by distinguished professors including: Prof. David Baron, Prof. Tarek Asaad, Prof. Samir Abo El Magd, Prof. Hisham Ramy, and Prof. Mohamed Fekry. Other activities were conducted by Early Career Psychiatrists who presented their promising work and started sharing their experiences with each other.

The congress had 81 attendees including delegates from countries other than Egypt such as Switzerland, Australia, USA, Bangladesh and New Zealand. Two members of the International Organizing Committee of the congress had also participated: Dr. Florian Riese, the current president of EFPT (Switzerland) and the Past Coordinator of Australasia in WPA Early Career Psychiatrists Council, Dr. Prachi Brahmbhatt (Australia).

At the end of the congress certificates were presented to the attendees, with a positive and encouraging feedback from all of them.

Hussien Elkholy Head of the Congress Organizing Committee Representative of the Early Career Psychiatrists Section Egyptian Psychiatric Association

### NETHERLANDS PSYCHIATRIC ASSOCIATION

#### Aartjan Beekman, the new president of the Netherlands Psychiatric Association

On 1 January 2013, Professor Aartjan T. F. Beekman was appointed president of the Netherlands Psychiatric Association. He succeeds Professor Rutger Jan van der Gaag who in turn has been appointed President of the Royal Dutch Medical Association (KNMG), the federation of all medical associations in the Netherlands.

Aartjan Beekman is head of the psychiatry department of the VUmc University Medical Center Amsterdam and since 2008 a member of the board of directors of GGZinGeest Amsterdam. He is a practicing psychiatrist and a leading researcher in the field of affective disorders. Within the Netherlands Psychiatric Association he has played an active role for many years in various committees.

Two other active members, Dr. Wiepke Cahn and Dr. Roxanne Vernimmen, have been appointed members of the board of the Netherlands Psychiatric Association as of 1 January 2013. Wiepke Cahn is a schizophrenia researcher and practicing psychiatrist at the University Medical Center Utrecht, and Roxanne Vernimmen is chairwoman of the board of directors at Altrecht.

Furthermore, Noortje Sax succeeded in August 2012 Peter Niesink as managing director of the Netherlands Psychiatric Association. This year the Netherlands Psychiatric Association will concentrate on the shift from in-patient to out-patient psychiatric care, the financing of psychiatric disorders, the battle against stigma in psychiatry as well as the position of the psychiatrist as medical specialist. Nevertheless, the patient is, and always will be, the ultimate focus of the Netherlands Psychiatric Association.

Daniëla Cohen Netherlands Psychiatric Association

> From L to R: Ariane de Ranitz, Roxanne Vernimmen, Jeroen van Waarde, Aartjan Beekman, and Wiepke Cahn.



### LATIN AMERICAN PSYCHIATRIC ASSOCIATION (APAL)



#### APAL communiqué on the tragedy that occurred at Santa Maria, Brazil

On behalf of APAL Executive Committee, we wish to express our deepest grief, sorrow, and solidarity to the people from Brazil, particularly to our beloved colleagues and brothers from the Brazilian Psychiatric Association (ABP), for the tragedy that occurred in a discotheque at Santa María, in Río Grande do Sul, where 238 young people lost their lives and hundreds were injured.

Once again it reiterates, with almost identical characteristics, the number of collective risk factors that took the lives of two hundred young people in the discotheque called Cromagnon in Buenos Aires, Argentina, in the early morning of December 30, 2004, which we consider to be worth listing: criminal negligence and fraud from those responsible for its operation and certification of safety, the custom of using fireworks as part of the show in closed premises, the presence of soundproofing materials which are toxic on combustion, with the consequent death for inhaling hydrocyanic gas, overcrowding, well above the maximum people capacity of the premises, with minimum emergency exits, and panicking people trying to escape being crushed to death.

All of them make a similar lethal combination that leaves Brazil in mourning, and all Latin America again; and besides the terrible and fatal death toll, it will leave multiple psycho-traumatic consequences among the survivors and relatives of victims.

As specialists in psychiatry, we invite both authorities and members of all APAL enti-

ties, as a modest contribution from our role to what should be done so that these tragic events do not occur again, to plan and take part in activities for prevention, psycho-education, and awareness aimed at the community, concerning the possible social catastrophes similar to the one already described.

We believe that such an event cannot be considered only as a terrible accident, but as a result of further lack of foresight and social violence that affect our young people and the society as a whole, which can and should be modified through our joint efforts.

Alfredo Cía, President Rodrigo Córdoba Rojas, Vice-president Juan Carlos Stagnaro, Secretary General Latin American Psychiatric Association

## HAVE YOU RECENTLY VISITED THE WPA WEBSITE? → WWW.WPANET.ORG

### EUROPEAN FEDERATION OF ASSOCIATIONS OF FAMILIES OF PERSONS WITH MENTAL ILLNESS (EUFAMI)

#### A PERFECT VISION FOR MENTAL HEALTH 2020

EUFAMI is hosting a major European conference in Dublin on Friday, 24th May 2013. It will be co-hosted by Shine. The conference will take place in Ireland at the Radisson Blu Hotel, Dublin Airport.

EUFAMI is holding this conference as part of a series of events to mark the association's 20th Anniversary. The conference will briefly look back on how the family and carer movement has developed across Europe over the past 20 years. But it will mainly concentrate on how and what developments can be expected by families and carers over the coming years, which appear likely to be dominated by a continuing economic downturn across most of Europe and reductions in government budgets for national mental health services. The conference will be based around four major themes – empowerment of families and carers, partnership in practice, education and quality information and the impact of caring on families and the health issues which they encounter.

#### Who should attend?

The congress will be of interest to all family members and persons with self experience, as well as all members of the medical and social services professions who practice or have an interest in the area of community psychiatric services.

#### Programme

The conference will take place over one day, Friday, 24th May 2013 and will comprise of a plenary session, a roundtable discussion



and interactive sessions. The conference will close with the release of the Dublin Declaration and Call for Action. Full details of the programme are available from the EUFAMI website http://www.eufami.org

The conference will be conducted in English.

### ROYAL COLLEGE OF PSYCHIATRISTS (UK)

# RCPsych hails anti-discrimination triumph

Over the last few years, the Royal College of Psychiatrists has worked with Members of House of Commons and House of Lords to steer the Mental Health (Discrimination) Act through Parliament. The original Bill, introduced independently to the government's legislative programme, received Royal Assent on 28 February 2013 and is now law. The new Act will:

# RCPsych president named one of UK's 100 most powerful women

Professor Sue Bailey, President of the Royal College of Psychiatrists, has been named as one of the UK's most powerful women. The Power List 2013 was drawn up by BBC Radio 4's Woman's Hour programme, and announced to the public on 12 February.

Sue Bailey is a consultant child and adolescent forensic psychiatrist. She has worked

- remove the blanket ban that forbids "mentally disordered persons" that regularly attend for treatment from taking part in jury service
- amend legislation which states that a person might cease to be a director of a public or private company "by reason of their mental health"
- remove legislation under which an MP, or member of one of the UK devolved assemblies, automatically loses their seat if they are sectioned under the Mental Health Act for more than six months

in the field of child psychiatry for over thirty years and was elected President of the Royal College of Psychiatrists in 2011. She was awarded an OBE (Order of the British Empire) in 2002.

Vanessa Cameron, Chief Executive of the Royal College of Psychiatrists, said: "We are delighted that Sue was named in the BBC's Power List, which is recognition for the extraordinary amount of work she has done for psychiatry and mental health both in our country and internationally". The College was involved in the campaign from the outset and secured widespread crossparty and government support for the legislation. It goes to the heart of the wider work that the College is doing on parity of esteem for mental and physical health. Discrimination on the grounds of mental health can be said to be one of the last forms of legalised discrimination and has no place in our society. As well as the practical changes that the Bill will bring about, it sends out a message that having a mental health problem is no bar to recovery or involvement in wider civic society.



Sue Bailey, President of the Royal College of Psychiatrists.

### INDONESIAN PSYCHIATRIC ASSOCIATION

The year 2013 is the year of the rise of the Indonesian Psychiatric Association (IPA). New sections formed between 2010 and 2012 held several national meetings in 2013. I myself as president of this organization feel proud of the progress made by colleagues who are eager to contribute in the development of psychiatry in Indonesia. Some of the activities had been performed by section of the IPA such as Asian Congress of Schizophrenia Research by Biology Psychiatry Section on February 14-16, 2013 in Bali. Upcoming events will be in Yogyakarta, which is well known by its traditional culture and the Borobudur, the biggest Buddhist Temple in the world. The CLP Section will hold its first national congress on March 8-10, 2013. This event will be followed by several national congresses and workshops such as workshop about *Visum et Repertum Psychiatricum* and legal mental health examination by Forensic Psychiatry Section, National Symposium of Anxiety Disorder in Medan, Psychogeriatric Section national congress in conjunction with Child and Adolescent national congress, both in Jakarta. This busy year will be closed by the National Congress of Indonesian Psychiatric Association from October 31st to November 2nd, 2013 in Surabaya. There will be an election of the new president of IPA and meeting of Sections of IPA.

Tun Kurniasih Bastaman President, Indonesian Psychiatric Association

### LITHUANIAN CULTURAL PSYCHIATRY ASSOCIATION

#### News from the Association - 2013

The Lithuanian Cultural Psychiatry Association (LCPA), inaugurated in 2004, is an Affiliated Association of the WPA, as well as of the World Association of Cultural Psychiatry. The LCPA was a sponsoring organization of the World Congresses of Cultural Psychiatry, held in Beijing in September 2006, and in Italy in 2009.

During the recent couple of years the LCPA had continued functioning in a way of personal initiative of several members in the area of their interests. The main part of the members continue their research on the impact of values on psychopathology, as well as impact of political and socioeconomic changes. This can be seen in the content of patients suffering from schizophrenia, as well as in the content of psychopathology of the PTSD.

After long years of the Soviet occupation, along with political and economical changes,

Lithuania has become a region undergoing cultural shock, which is interesting and valuable for psychiatric research. At the same time Lithuania has become free and open for other cultures, patients' from different countries entry in the local health care system. Values and priorities have been changing. Lithuanian psychiatry is facing management problems, lack of social networks, ethical problems remain unresolved. The LCPA worked on the Code of Ethics for Lithuanian psychiatrists, presented draft of the Code for further considerations, and therefore opinion was raised to discuss another possible survival without a Code at all.

Some members of the LCPA moved to live and practice in the UK; others keep going to perform Locums in foreign countries. The approximate salary of Lithuanian psychiatrists with 10 years practice is around 1400 litas per month which is about 400 Euros.

Palmira Rudaleviciene, President of the Lithuanian Cultural Psychiatry Association.

of the WPA and UNESCO last year in Israel, upcoming Congress of the EPA in Nice, APA in San Francisco, presenting original research data on Schizophrenia and PTSD.

#### Palmira Rudaleviciene

President, Lithuanian Cultural Psychiatry Association

Members of the LCPA continue to participate in international activities, such as the Congress



Siberian Gerald of Psychiatry and Addiction Psychiatry – official journal of the Mental Health Research Institute, Headquarters of the IAEE

#### Editorial

Under the heading "Biological research", papers of famous Russian and foreign researchers in the field of biological psychiatry carried out within two basic topics of the conference "Current Problems of Biological psychiatry" and "Addiction Psychiatry": 1) questions of clinical and experimental psychoneuroimmunology;
2) molecular-biological, molecular-genetic investigations in psychiatry and addiction psychiatry; 3) neuromorphological bases of mental and behavioral disorders; 4) psychophysiological and neurochemical bases of mental disorders and dependencies; 5) improvement of methods of prevention, diagnosis, prognosis and therapy of mental disorders.

The Third Russian Conference with international participation has been devoted to fundamental problems of biological psychiatry and addiction psychiatry. Intensity of development of this field of knowledge is confirmed by World Congresses of Biological Psychiatry. Within the conference at the multi-disciplinary level, innovative approaches to the study of mechanisms of development of socially significant diseases are considered. Special attention is paid for the development of neurobiological technologies based on joint research of institutions of RAMSci and RASci. Conceptual analysis of possibilities of translational and personalized medicine in the field of neurosciences is discussed. Relevant problems of neurophysiology, molecular genetics and immunology of mental disorders and illnesses of dependency are considered at symposiums. Participation in the conference of leading Russian and foreign scientists will strengthen many years of international collaboration and will promote improvement of methodical arsenal of institutes-partners. A roundtable is devoted to fundamental aspects of psychiatry - psychoneuroimmunomodulation, pharmacogenetic, behavioural models, and prospects of proteomic and cellular technologies of reduction of losses from socially significant diseases. Possibilities of broadening of interdisciplinary, inter-branch and international cooperation on fundamental research in the field of psychiatry and addiction psychiatry are discussed.



Academician of RAMSci, President of the IAEE Valentin Semke (Tomsk), corresponding member of RAMSci, Vice-President of the IAEE Nikolay Bokhan, Anton J. M. Loonen (Department of Pharmacy, University of Groningen, Groningen, The Netherlands), and Alexey Kostin (researcher of the Institute, Tomsk, Russia).

Valentin Semke, President Nikolay Bokhan, Vice-President International Association of Ethnopsychologists and Ethnopsychotherapists

### BRAZILIAN ASSOCIATION OF PSYCHIATRY SCIENCE, RESEARCH AND CLINICAL PRACTICE IN MORE THAN 150 SCIENTIFIC SESSIONS



The 31st Brazilian Congress of Psychiatry will be held on 23-26 October next at the Expotrade Convention Center in Curitiba and it is the main psychiatric conference in Latin America. For the forthcoming event, we are expecting in 2013 6,000 participants. The central theme of this year's Congress is Contributions of Psychiatry for the Development of Medicine. Promoted and organized by the Brazilian Association of Psychiatry (ABP), the Brazilian Congress of Psychiatry has consolidated itself during the past years as the main opportunity for professional update for psychiatrists in Brazil and Latin America.

The Organizing and the Scientific Committees are confident that the Congress delegates will have the opportunity to attend a scientific program focused in research, science and clinical practice. The activities will encompass several theme areas of psychiatry in more than 150 scientific sessions/300 hours of activities in 15 different auditoriums. It will include conferences, sessions "How I treat/I do", courses, sessions of psychiatric evaluations, Videos, Clinical Cases, Posters and Roundtables with the participation of renowned doctored professors and researchers in Brazil and abroad. We count on your presence at this major gathering of psychiatry.

Antonio Geraldo da Silva President, Brazilian Association of Psychiatry

**Register** now at www.abpbrasil.org.br/congresso

For additional information, please contact congresso@abpbrasil.org.br

**Blumar Turismo** is the official travel agency of the Congress and offers special packages for your participation. For further information:

Tel: +55 21 2142-9315 Website: www.blumar.com.br/psiquiatria2013

### HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

### PORTUGUESE ASSOCIATION OF DUAL PATHOLOGY



#### III National Congress on Dual Pathology and Addictive Behaviors I International Congress on Dual Pathology and Addictive Behaviors

#### TREAT DUAL PATIENT: CHALLENGES FOR PSYCHIATRY OF XXI CENTURY 21-22 February 2013, Portugal, Coimbra

The Portuguese Association of Dual Pathology (APPD) and the Dual Pathology Unit (UPD) of Psychiatric Service of Hospital and University Center of Coimbra (CHUC), Portugal, organized the III National and I International Congress on Dual Pathology and Addictive Behaviors, on 21-22 February 2013, in Coimbra, Portugal, with the subject *Treat dual patient: challenges for psychiatry* of XXI Century.

During two days, international and national specialists discussed different subjects about neuropsychology, clinic, treatment and rehabilitation of patients with dual pathology.

This congress counted about 400 participants, psychiatrists, general medical doctors, psychologists, nurses, and social workers from different parts of Portugal.

At same time, the Executive Committee of the Section on Dual Disorders/Pathology of the WPA held in Coimbra its first meeting by videoconference, in order to discuss and debate the basic issues that underlie this subject. It was chaired by Dr. Nestor Szerman, Chair of the WPA Section on Dual Disorders/ Pathology, and was attended by Célia Franco



A section of the participants who attended the congresses in February 2013 in Coimbra, Portugal.

MD (Portugal), Icro Maremmani MD (Italy), Medhi Paes MD (Morocco), Carlos Roncero MD (Spain), Maria Dolores Braquehais MD (Spain), Gabriele Fischer MD (Austria), Kumar Rajendra MD (UK), Arturo Lerner MD (Israel), Annett Fleishman MD (Israel), and Elvia Velasquez MD (Colombia).

Célia Franco President, Portuguese Association of Dual Pathology

### PSYCHIATRIC ASSOCIATION OF BOSNIA-HERZEGOVINA

International activities of the Psychiatric Association of Bosnia-Herzegovina



The first joint meeting of representatives of the **Psychiatric Association of Bosnia-Herzegovina** (PABH) with representatives of the **Turkish Asso**-

ciation for Psychopharmacology (TAP) was held on January 11, 2013 in Istanbul (Turkey). The meeting was attended by members of the PABH Presidency – Prof. Dragan Babić (President), with Profs. Marija Burgić-Radmanović and Izet Pajević (Vice Presidents), and representatives of TAP – Profs. Mesut Cetin, Haluk Savas, Nazan Aydın, Ilhan Yargic, and Assoc. Prof. Yasin Bez. The main purpose of this meeting was to getting to know each other and discuss about the possible forms of future cooperation.

The TAP representatives have indicated their professional and scientific capabilities



A group of delegates at the joint PABH/TAP meeting held in Istanbul, Turkey.

and offered education of our psychiatrists through diferent activities (conferences, symposia and numerous interesting courses from various fields of psychiatry and psychopharmacology) which can be organized in English.

Our delegation informed their hosts on the organization, activities and opportunities of our Association. Special interest among TAP representatives have sparked experience in psychotraumatology of our psychiatrists and they expressed a desire to become

more familiar with this issue. It was agreed to discuss various possibilities for future cooperation, and it was proposed that the first joint professional and scientific meeting will be held in Bosnia and Herzegovina during this year. The joint meeting in Istanbul was held in a very positive atmosphere and pronounced preference of representatives of both associations to achieve long term mutually beneficial cooperation.

For more information and future joint activities, please visit our website at www.upubih.com

Dragan Babić President, Psychiatric Association of Bosnia-Herzegovina

### EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

#### 21st Annual Forum of the European Federation of Psychiatric Trainees (EFPT)

*"Cooperation in Psychiatry"* June 11-15, 2013, Zurich, Switzerland

The European Federation of Psychiatric Trainees (EFPT) is an independent, nongovernmental umbrella organization for European national trainee associations in both psychiatry and child and adolescent psychiatry. The organization currently represents psychiatric trainees from thirty European countries and convenes annually in different cities all over Europe. This year, the annual Forum will be held on 11th-15th of June in the Psychiatric University Hospital Zurich, Switzerland, under the title "Cooperation in Psychiatry". The Forum provides trainees with the opportunity to network and discuss relevant issues in European psychiatric training, engage in academic and clinical exchange, and exchange experiences from different countries.

For more information please contact secretary@efpt.eu

Florian Riese President, European Federation of Psychiatric Trainees Romy Jost, Local Organizing Committee

### INSTITUTE OF AUSTRALASIAN PSYCHIATRISTS INC.

#### Report on the International Conference on 'Mind the Gap', January 2013

The Nitte University in southern rural India recently hosted a second international conference which was organized in collaboration with the University of Wollongong Graduate School of Medicine and the Institute of Australasian Psychiatrists Inc.

The 'Mind the Gap' theme of the conference focused on the challenges of rural psychiatry in an international setting. Dr Naveen Chandra, Director of Nitte rural Psychiatry project led the conference and he aimed to address the challenges of rural patients with mental illness across the globe in this conference. Prof. Nagesh Pai from the Graduate School of Medicine (GSM) said that he was especially keen to support and contribute to the conference because of its rural and community engagement focus, which are also key components of the GSM's mission.

Twenty-two Australian delegates attended the international conference to share and discuss both similarities and differences in the challenges of dealing with global mental health, as well as the importance of incorporating more mental health teaching in a medical education curriculum. The conference was judged an enormous success and provided a fundamental platform for future international collaborative clinical and research activities in providing psychiatric treatment for individuals living in rural settings around the world.

#### Nagesh Pai

Consultant Psychiatrist/Member Institute of Australasian Psychiatrists Inc.

### HELLENIC PSYCHIATRIC ASSOCIATION

#### Athens Declaration on the Mental Health Consequences of Crises and Disasters

#### Given in Athens on 9th March 2013

On the occasion of the International Congress of the World Federation for Mental Health and the Hellenic Psychiatric Association "Crises and Disasters – Psychosocial Consequences" (March 2013) the World Federation for Mental Health jointly with the Hellenic Psychiatric Association, the Society of Preventive Psychiatry, the World Association for Psychosocial Rehabilitation, the Psychiatric Association for Eastern Europe and the Balkans, the Section on Preventive Psychiatry of the World Psychiatric Association, the International College of Person-centered Medicine and the Institute of Spanish Speaking Psychiatrists make the following declaration on the mental health consequences of crises and disasters.

Promoting and protecting the mental health and the well being of the population must be a high priority for governments. Paying attention to the mental and emotional health of a nation's people must be given added priority during crises and disasters such as the world is currently experiencing. Worth noting in this context is that mental health funding is cost effective.

The Global Mental Health Plan and the World Federation for Mental Health "People's Charter for Mental Health" have strongly endorsed the need for a comprehensive response to these disasters involving Governmental and Non-Governmental organizations, including professional associations and Civil society, including patients – users' and families – carers' groups.

The WFMH, HPA, SPP, WAPR, PAEEB, SPP-WPA, ICPCM and IPLE Call :

 On all nations involved in crises and disasters to respond specifically to these issues and to consider the serious immediate and long-term mental health consequences.

- On the international mental health community, including professional associations and NGOs concerned with health, to intervene and support people affected by these crises and disasters.
- On all concerned to intervene with respective governments to insist on upholding the Geneva conventions concerned with the health consequences of war and to provide immediate financial support to the mental health services located in conflict areas.
- On those major humanitarian organizations that traditionally have not prioritised mental health, to provide the means to support established organizations working in the field of Mental Health to expand training and services according to the new

Inter-Agency Standing Committee Guidelines on Mental Health and Psychosocial Support in Emergency Settings.

- On all Governments and communities affected by the current economic crisis to provide support and aid to the population in order to combat the psychosocial consequences of crises and disasters.
- On all concerned to endorse the Recommendations of the WFMH-MGMH "Peoples' Charter for Mental Health".
- On the United Nations General Assembly to convene a Special Session on Mental Health with the appointment of a UN Special Envoy :
  - For the acceptance of mental disorders as the fifth major noncommunicable disease.

- o That mental health and well-being both be recognised as essential components of the Sustainable Development Goals.
- That mental health be represented on all disaster emergency committees and of course.
- For the WHO Comprehensive Action
   Plan to be implemented expeditiously
   by all countries.

George Christodoulou Honorary President Hellenic Psychiatric Association

### ANNOUNCEMENT FROM THE INSTITUTE OF PSYCHIATRY & MAUDSLEY HOSPITAL, UK

Institute of Psychiatry & Maudsley Hospital Alumni Reunion 2013

The Psychiatry Research Trust is pleased to invite all alumni to attend a reunion and special seminar to be held at the Institute of Psychiatry on Saturday, 29th June 2013. For further details, please contact the Psychiatry Research Trust at <psychiatry\_research\_trust@kcl.ac.uk> or telephone: 0207 703 6217.

# **News from WPA Sections**

Contact: WPA Secretary for Sections, Afzal Javed, afzal@afzaljaved.co.uk, afzal.javed@ntlworld.com



### PREVENTIVE PSYCHIATRY

#### News from the Section

Our Section organized a WPA Preventive Psychiatry Section Symposium on 11 January 2013 during the 65th Annual Conference of the Indian Psychiatric Society in Bangalore.

The subject was "The Essential Role of Preventive Psychiatry in the World".

#### Speakers:

- Role of Preventive Psychiatry in Europe

   Michaela Amering (Austria)
- 2. Role of Preventive Psychiatry in North America - Rohan Ganguli (USA/Canada)
- Role of Preventive Psychiatry in Africa -Solly Rataemane (South Africa)
- Preventive Psychiatry in the World-Future Perspectives - Roy Kallivayalil, Chair, and Nikos Christodoulou (Greece), Secretary, WPA Section on Preventive Psychiatry

Chair: Helen Herrman (former Secretary for Publications, WPA)

**Co-chair:** P Joseph Varghese (Committee Chairman, Indian Psychiatric Society)

The session was held in the main auditorium at Nimhans Bangalore and had very good attendance. There was much useful discussion in which delegates from various countries participated. The symposium highlighted the pre-eminent role of preventive psychiatry in the modern world.

Roy Abraham Kallivayalil Chair, WPA Section on Preventive Psychiatry



Speakers and chairpersons at the WPA Preventive Psychiatry Section Symposium on 11 January 2013 during ANCIPS in Bangalore. Seen in the picture are Rohan Ganguli (Canada), Michaela Amering (Vienna), Solly Rataemane (South Africa), Roy Abraham Kallivayalil (Section Chair), Helen Herrman (Australia), and P Joseph Varghese (India).

### HIV/AIDS PSYCHIATRY

#### News from the Section

It is an honor and pleasure to introduce the new WPA Section on HIV/AIDS Psychiatry. Our members are deeply appreciative of the enthusiastic support of Prof. Pedro Ruiz, WPA President and that of Prof. Afzal Javed, WPA Secretary for Sections. The goal of our section is to raise awareness about HIV psychiatry as a global priority. Despite advances in the medical care of persons with HIV and AIDS, progress in prevention of HIV has lagged behind progress in the diagnosis and treatment of HIV.

Early diagnosis and treatment of HIV are vital for health and survival as well as for prevention of one of the complications of HIV infection, HIV-associated dementia.

Worldwide, 33,200,000 persons are living with HIV and 2,600,000 persons each year are newly infected with HIV. Many persons who are infected with HIV lack access to care.

Psychiatric disorders complicate and perpetuate HIV and add considerably to suffering, morbidity, and non-adherence to care.

On February 12, 2012, the WPA Executive Committee approved a proposal for a new WPA Section on HIV/AIDS Psychiatry. The Section on HIV/AIDS Psychiatry was developed from the Academy of Psychosomatic Medicine Special Interest Group on HIV Psychiatry. Established in 2003, this group has grown from 32 to 310 members worldwide.

#### Sampling of activities since February 12, 2012:

May 7, 2012 - American Psychiatric Association Trauma, PTSD, and HIV: Psychodynamic and Educational Approaches to Adherence in a Community Medical Setting

May 8, 2012 - American Psychiatric Association Update in HIV and AIDS Psychiatry

November 15, 2012 - Academy of Psychosomatic Medicine

Screening, Assessment, and Treatment of Depression and HIV-Associated Neurocogni-

tive Disorders (HAND): A Discussion of the Evidence

On November 16, 2012, we had our annual meeting at the Academy of Psychosomatic Medicine.

Profs. Cesar Alfonso and Deyadira Baez-Sierra represented the Section on HIV/AIDS Psychiatry at the Section Chairs Meeting of the WPA in Prague in October 2012 where they were also presenters.

We know that as a WPA Section, our members will be able to expand our global educational outreach efforts. We look forward to continuing to attend and participate in WPA meetings and working toward prevention of transmission of HIV and HIV stigma. Learn more about the work of our section at www. apm.org/sigs/oap.

Mary Ann Cohen Chair, WPA Section on HIV/AIDS Psychiatry

### IMMUNOLOGY AND PSYCHIATRY

# Activity on early life events and mental illnesses

As our Section deals with the issues related to abnormalities in immunological parameters and their consequences in terms of neuropsychiatric disorders, the neurotoxicity induced by some inflammatory related molecules such as cytokines or metabolites in the brain during early life is also an issue to be considered.

In the beginning of this year, activities of our Section focused on childhood psychiatric disorders and pre- and peri-natal immune changes and vulnerability to psychiatric illnesses in later life.

The Section regularly organizes the Section newsletter, twice a year, to exchange the opinion between members of the Section and also with members of other Sections. It can be found on our Section webpage. The latest issue of our newsletter focused on prenatal exposure to infections and changes in the brain related to immune function.

The Secretary of our Section was also invited to give a grand-round talk at the Neurological Institute of Cleveland Clinic and discussed with the senior psychiatrists who are working on the area of immune related changes and childhood psychiatric disorders for future research studies.

At the European Psychiatric Association Congress on 6-9 April in Nice, France, the members of the Section, in collaboration with an invited speaker will give a symposium on "Short- and Long-Term Impacts of Immune Stress in Prenatal and Perinatal Period: from Basic to the Clinic" on the 7th from 15:00hrs to 16:30hrs.



Dr. Aye-Mu Myint

Aye-Mu Myint Secretary, WPA Section on Immunology and Psychiatry

### GENETICS IN PSYCHIATRY

#### The Section "Genetics in Psychiatry": a new push for educational activities

At the WPA Congress in Buenos Aires in 2011, the members of the WPA Section on Genetics in Psychiatry elected a new leadership. The Section is now headed by Thomas G. Schulze (Chair; Göttingen, Germany), Vishwajit Nimgaonkar (Co-chair; Pittsburgh, PA, USA), and James B. Potash (Secretary; Iowa City, IA, USA). Furthermore, several colleagues representing all areas of psychiatric genetic research have joined the Section as new members. The restructured Section will make educational activities its top priority in the years to come. Its leadership and members will work towards this goal by participating in regional and thematic meetings across the globe. The idea is to educate clinicians and researchers alike in stateof-the-art psychiatric genetic research through a mix of symposia featuring internationally renowned speakers and workshops. The latter are meant to offer a truly educational experience through ample time for discussion and active participation of the audience.

The WPA co-sponsored meeting "Psychiatry and Related Sciences", which took place in

Athens (Greece) on November 29-December 2, 2012, offered the ideal launching pad for this new initiative. Our section organized two activities: a meet-the-expert session and



A group of the audience who attended the meet-theexpert session in Athens, Greece.

a symposium. The meet-the-expert session was chaired by Prof. D. Dikeos (Athens) and featured Section Chair Prof. T. G. Schulze giving an update on psychiatric genetics. The audience (see photo) mainly comprised clinicians and researchers at an early stage in their career. A 45-minute presentation by Prof. Schulze was followed by another 45 minutes of lively interaction between the audience, D. Dikeos, and T.G. Schulze. Participants discussed the future of psychiatric genetics, the timeline for a potential applicability of genetic findings to diagnosis, treatment, and prognosis. Training and career opportunities for early career investigators were also a main focus of this late Friday afternoon session. This format was followed by the widely attended Saturday morning symposium on "Pharmacogenetic research in psychiatric disorders", chaired by Prof. G.N. Papadimitrou (Athens) and Prof. T.G. Schulze. Prof. Dikeos presented a scholarly and comprehensive overview of pharmacogenetic studies of mood disorders, setting an ideal framework for Prof. Schulze's talk on findings from the international Consortium on Lithium Genetics. Prof. A. Papassotiropoulos (Basel, Switzerland) presented a very well received talk on "Genetics-driven discovery

of memory-modulating drugs", highlighting the role of academia in target identification for pharmaceutical research.

We will build on the excellent experience we made at the Athens meeting and continue to work with the WPA to offer similar educational and scientific formats at future meetings. The next one will be held at the upcoming WPA regional congress in Bucharest in April 2013. The Section has also contacted the Indian Psychiatric Society to hold an educational event at their upcoming annual meeting in Pune in January of 2014.

At the Section Chairs' meeting in Athens, T. G. Schulze discussed with WPA President Prof. P. Ruiz, and WPA Secretary for Sections Prof. A. Javed the possibility of offering a 1-day educational track at WPA meetings comprising contributions from various Sections. Our Section is more than happy to explore this in depth with the other Sections and the WPA leadership.

Thomas G. Schulze, Chair Vishwajit Nimgaonkar, Co-chair James B. Potash, Secretary WPA Section on Genetics in Psychiatry

### TRANSCULTURAL PSYCHIATRY

The activities of the Section in the beginning of this year have been very focused on the preparation of a new website which will be completed soon, and also the organization of conferences.

It should be noted the success of the Hamm conference (Germany, 9-10 February 2013) with some 100 participants. Solmaz Golsabahi, president of the conference, proposed to have another conference under the sponsorship of the Section in April 2014 in Gdansk, Poland. During this year 2013, the Section is participating in the organization of the following conferences:

- Istanbul, Turkey, June 19-23, 2013 (WPA international congress). See: http://www. wpaistanbul2013.org/

- Lisbon, Portugal, June 29-July 3, 2013 (conference of World Association of Social Psychiatry). See: http://www.wasp2013.com/ - Vienna, Austria, October 27-30, 2013 (WPA international congress). See: http://www. wasp2013.com/ Also the Section is working in the organization of a conference about religion, culture and psychiatry in Madrid (September 2014).

Joseba Achotegui Secretary, WPA Section on Transcultural Psychiatry

### ATTENTION DEFICIT HYPERACTIVITY DISORDERS

#### Jasper's Real Life 01-03

The Dutch ADHD Network of professionals has encouraged the theatre group Bint, well known for the production on ADHD Off Road (www.tgbint.nl/offroad), to develop realistic films about ADHD in adults. The ADHD Network wants to contribute to fair education on ADHD, using humour and empathy.

Jasper has ADHD and would like to explain how his life with ADHD really is to his girlfriend, his family, his boss, and better to the whole world. He is a nice and creative young man, but somehow he repeatedly screws up with keys, things he needs, with time. Actually he even screws things up with everyone around ...

In Jasper's **Real Life**, **01-03** we follow Jasper at home (01), at work (02) and during a dinner party with his girlfriend for the occasion of their 8-year anniversary (03). Every film lasts around 8 minutes.

The films can be downloaded for free at **www. adhdnetwerk.nl** and via **YouTube**. They may be used for presentations on ADHD, to show friends and family what ADHD is about, or just for fun. We are curious how Jasper will continue. Is he going to do something about the chaos? What is it gonna be, can we have a look inside? Will there be a Jasper's Real Life 04??

On behalf of the Board of the ADHD Network. J.J. Sandra Kooij Co-chair, WPA Section on Attention Deficit Hyperactivity Disorders

### WOMEN'S MENTAL HEALTH

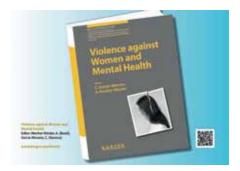
#### Recent activities of the Section

Marta B. Rondon, President of the International Association for Women's Mental Health (IAWMH), sent a detailed report of the 5th IAWMH World Congress in Lima, Peru, March 2013. Several of the IAWMH members are also members of the WPA Section on Women's Mental Health; 458 delegates from 57 countries participated in the Congress.

#### The salient features of this Congress were:

a. The IAWMH was able to strengthen relations with the World Health Organization/ Pan American Health Organization which participated in the Opening Ceremony as well as in several scientific sessions, such as the keynote delivered by senior adviser, Maristela Monteiro.

b. Active participation from the Peruvian state (representative of the Minister of Health, Ministry of Women and Vulnerable Populations, Mr Miguel Ramos, Director of Gender Based Violence). The local government, represented by the Mayor of Lima, Susana Villaran, recognized the lifetime achievements of two members of the IAWMH who have significantly contributed to the advancement of gender equity in health services - Profs. Donna Stewart (Toronto), and Mariella Guerra (Lima).



Book Flyer of the new publication "Violence Against Women and Mental Health".

c. Support and participation of the local academic sectors: Universities of San Marcos, Catholic, Sagrado Corazon, Alas Peruanas, Norbert Wiener, and Cayetano Heredia.

#### TRAUMA AWARENESS AND SELF CARE SKILLS TRAINING PROGRAMME

#### Organized by Internews Islamabad February 16-20, 2013

The significance of communication and the tremendous impact of the media on the mindset of the general public are well established facts today. There is a dire need for inclusion of psychological trauma in the professional media training curriculum. Despite the establishment of a solid base of scientific literature on trauma and the growing attunement of society and the media to the adverse psychological impact of traumatic events, this area has yet to be decisively incorporated into the core curriculum of graduate training in professions dealing with the community directly, like social services and media, particularly in the developing cound. Most important, significant advances in psychopharmacology, specially, but not limited to, that of pregnancy and puerperium, the epidemiology of and interventions in gender-based violence, the management of alcohol and drug-related disorders, the effects of stress on women and the impact of recent social changes on the well-being of women, were presented.

e. The IAWMH has been able to organize a meeting of this scope without any support from pharma industry. The meeting had 17 invited keynote speakers. Attendants have been remarkably generous in their willingness to cover their own expenses and contribute with their registration fees to the success of the scientific and social programs.

f. The members of the IAWMH have been remarkable in their ability to foster networking and establishment of collaboration with several other professional organizations, academia, international and state agencies. This strengthens the movement to make mental health available to all, and in this case, to foster quality care for women.



Group photo of the IAWMH Congress participants at the Gala Dinner: Drs. Marta Rondon, Silvia Gaviria, Unaiza Niaz, Elvia Velasquez, Elena Berger, and others.

Negative outcomes of the Scientific Meeting: The IAWMH regrets that they were not able to provide scholarships for deserving residents and students and also that there was very scant participation from users and caregivers.

A new publication "Violence Against Women and Mental Health" (www.karger.com/ kismh). Most of the Chapters in this book are contributed by the members of the WPA Section on Women's Mental Health and the IAWMH.

Unaiza Niaz Chair, WPA Section on Women's Mental Health

tries where there are war-like situations, war zones, and rampant violence due to ethnic, sectarian or political unrest.

Journalists have an amazing incredible ability to inform, educate, motivate and change people. Media equals influence. That is the challenge psychiatrists face because too often we miss opportunities, the right people are not involved in the process, and sometimes that results in the wrong messages being shared with the public. If the clinician is sensitive to the reporter's needs and the reporter wants to do it right, a powerful piece can be written or aired that can save a life. Involvement of mental health professionals with the media is fairly recent.

Cait McMahon, a trauma psychologist of Dart Center for Journalism was invited by Internews to conduct an intensive training for journalists and other media personnel in



Group photo of the participants of The Trauma Awareness Training for Trainers with Dart Center for Journalism and Internews in Islamabad.

Islamabad, along with the local psychiatrist Prof. Unaiza Niaz, an academic and research psychiatrist of international repute, as the cotrainer. This is the second such Training of Trainers in journalism.

Unaiza Niaz Chair, WPA Section on Women's Mental Health

### EDUCATION IN PSYCHIATRY

#### News from the Section

The WPA Section on Education in Psychiatry is proud to continue growing with new members, most of them being young colleagues who are eager to work actively on education in psychiatry.

There are several scientific activities at various international meetings, some completed successfully - European Congress of Social Psychiatry (July 2012, Geneva), WPA International Congress (September 2012, Prague), WFMH (March, Athens); others accepted or submitted for acceptance in the upcoming WPA meetings - April (Bucharest), June (Istanbul), and October (Vienna), World Association for Social Psychiatry Congress (June, Lisbon), World Congress for Asian Psychiatry (August, Bangkok), and European Conference in Violence in Psychiatry (October, Gent). Members of the Section have represented or will be representing education in psychiatry at these international activities.

Other than the Section symposium in Bucharest, the first one of the series of Intersectional Forums organized by the WPA Secretary for Sections will be devoted to the Section on Education in Psychiatry with the theme "Medical Education: Psychiatry's Role".

In addition to all these international congresses a special workshop has recently been organized by the Section on Education in Psychiatry and Midlands Psychiatric Research Group, UK, on "Undergraduate teaching and training in Psychiatry" with the theme "Setting guidelines for low income and developing countries" in Coventry, Warwickshire, UK on 18-19 March 2013. The meeting was attended by 34 participants coming from Australia, Bosnia, Colombia, France, India, Israel, Pakistan, Qatar, Sri Lanka, Thailand, and the UK. Participants were very enthusiastic about the theme of the meeting and considered this as an important area that required more professional attention. They were fully satisfied with the contents and format of the meeting and accepted it as a focal point for initiating further collaborative work with experts who represented other universities and medical schools in this seminar.



Seated from left: Maria Tomasic (Australia), Anne-Marie Ulman (Israel), Esmina Avdibegovic (Bosnia and Herzegovina), Vanathi Devi Kennedy (UK), Marija Burgic Radmanovic (Bosnia and Herzegovina), Fairooz Hassiem (UK), and B. Awodiya (UK). Standing from left: Raj Kumar Kamatchi (UK), Andrew Peters (Australia), Aftab Asif (Pakistan), Afzal Javed (UK), Ziad Kronfol (Qatar), Alberto Ferguson (Colombia), Nasar Sayeed Khan (Pakistan), M. Agius (UK), M. Quasim (UK), Raja Natarajan (UK), Nalaka Mendis (Sri Lanka), Olivier Andlauer (France), and Pichet Udomratn (Thailand).

This meeting is considered as a continuum of the Doha workshop in April 2012. Another ring of the chain is planned to be realized at a developing country in 2014.

Bulent Coskun Chair, WPA Section on Education in Psychiatry

### PSYCHOANALYSIS IN PSYCHIATRY

WPA Psychoanalysis in Psychiatry Section symposium at the 3rd Monothematic Congress "Crises and Disasters", 6-9 March 2013, Athens, Greece

The WPA Section on Psychoanalysis in Psychiatry presented on Friday the 8th a symposium titled "Beyond chaos, establishing an on-going therapeutic alliance. A psychoanalytic View" for which the chairs Prof. Florence Quartier from Geneva (Switzerland) and Prof. M. Botbol from Brest (France) chose a panel of examples of the way in which psychoanalytical concepts and methods are used by psychoanalytically trained psychiatrists and therapists to deal with personal and institutional crisis.

Dr. Ioana Atger from the Dupre care and study clinic in Sceaux (France) presented a way of using psychodrama in a natural setting in order to understand shared fantasies between families and caregivers. Her presentation "Working with patients' families in a care and study setting: from chaos to shared fantasies" was meant to analyse the integrative approach of institutional crisis induced by traumatised adolescents repeating their pathology in an institutional setting.

Dr. Javier Bartolomei from Geneva (Switzerland) described the complexity of "Crisis interventions for asylum seekers" in which the usual clinical role of psychoanalysis is somewhat perverted when it must participate to elucidate whether the demand is legitimate or not.

Dr. Maria Ammon (Germany) shared with us her psychoanalytical practice of the transgenerational approach of the experience of trauma and personality development in children and adults. According to her experience, too much sharing as well as total denial of trauma leads to the same extent to transgenerational transmission of psychopathology.

From another point of view, Siegelinde Bast (Berlin, Germany) explored the way in which psychosomatic crises or the loss of the hu-



R to L, front row: Prof. Dimitri Ploumbidis, Dr. Ioana Atger, Prof. Florence Quartier, Dr. Javier Bartolomei, and three participants. R to L, back row: Profs. Michel Botbol, Maria Ammon, and Dr. Afzal Javed.

man being is dealt with in modern psychosomatic medicine.

All these interventions completed the global social approaches of crises and disasters and witnessed the precious contribution of psychoanalysis in treating and preventing long term consequences of crisis and disasters for vulnerable patients and also, in some extent for the everyday caregivers.

Michel Botbol Co-chair, WPA Section on Psychoanalysis in Psychiatry

# **News from WPA Educational Activities**

Contact: WPA Secretary for Education, Edgar Belfort, belfort.ed@gmail.com, belfortwpase@gmail.com



### WPA SUPPORTS PSYCHIATRY RESIDENTS LEADERSHIP IN CENTRAL AMERICA

Within the framework of the XXVII Central American Congress of Psychiatry, organized by ACAP (Asociación Centroamericana de Psiquiatría) held in San Salvador, El Salvador, last March, I had the opportunity to participate in a forum to discuss opportunities to improve the Psychiatry Programs in Latin America.

Motivated by my Academic Director, Dr. Américo Reyes-Ticas, who drives us toward new perspectives in the development of psychiatry not only in Honduras but in Central America, I attended this Congress and had the opportunity to exchange experiences with psychiatry residents from Guatemala and El Salvador.

We presented before members of WPA/APAL our different views, with the purpose to place psychiatry in our region in the preferential place that it belongs among medical sciences.



Some of the WPA EC members with psychiatry residents from Central America after the meeting: L to R: Dr. Hector Ochomogo, Dr. Guillermo Dominguez (Second Year Residency Program/Guatemala), Dr. Levent Küey (WPA Secretary General), Dr. Edgard E. Belfort (WPA Secretary for Education), Dr. Edwing Octavio García Toro (Second Year Psychiatry Residency Program/Honduras).

The exchange of ideas was wide, friendly and fruitful, having an interest in the following initiatives:

• Strengthening ties between residents and the corresponding psychiatric association in each country as is the case in Honduras



WPA President with the residents from left to right: Patricia Cardona, Lucia Moreno, Leticia Rueda, Carmen Urbina, Edwing García, Pedro Ruiz, Héctor Ochomogo, Ximena Soto, Guillermo Domínguez, Paula Vásquez, Rafael Vides, and Irma Pérez.

- Guarantee exclusive spaces for residents as presenters at both national and regional psychiatry Congresses
- Opening subspecialty programs in Central America
- Scholarship programs and fellowships for residents supported by the WPA/ APAL/ACAP
- Academic exchanges for residents and teachers of the Postgraduate Psychiatry Programs
- WPA/APAL/ACAP involved in accrediting Residency Psychiatry Programs in Central America
- Enrichment and improvement of the residents' leadership skills

Inspired by the opening of Dr. Pedro Ruiz, president of the WPA, we have already started a communication process to organize the Association of Psychiatry Residents in Central America and the Caribbean as the organization that emerges with renewed leadership and committed to crystallize our deepest professional aspirations.

With the appropriate and timely monitoring of WPA/APAL and the strong support of our psychiatric associations, we are certainly sure that new, better, and more successful times await in the near future.

#### Edwing García Psychiatric Residency Program Universidad Nacional Autónoma de Honduras

# **WPA Scientific Meetings**

Contact: WPA Secretary for Scientific Meetings, Tarek Okasha, tokasha@internetegypt.com



### **Upcoming Major WPA Scientific Meetings**

#### June 2013

### WPA INTERNATIONAL CONGRESS 19-23 JUNE 2013 Istanbul, Turkey

*"Improving science, ethics, services and solidarity in psychiatry"* 

#### Dear Colleagues,

We invite and encourage the psychiatrists of the world to meet where the continents meet in Istanbul, in the summer of 2013.

During the World Psychiatric Association International Congress Istanbul 2013, organized by the World Psychiatric Association (WPA), in collaboration with the Psychiatric Association of Turkey and the Turkish Neuropsychiatric Society, besides a high quality scientific programme, a scientific research awards programme for posters and a scientific research awards programme for oral presentations, a special fellowship programme for early career psychiatrists, a photo exhibition and a rich cultural programme will also be held. The scientific programme will be open to the contributions of all the psychiatrists, mental health workers, and the scientists from related disciplines across the world, besides the contributions of the WPA Scientific Sections, Member Societies, and Affiliated Associations and selected key speakers of top experts. Special attention will be given to the collaboration of related disciplines and professionals and users and carers.

This WPA International Congress will strongly emphasize the importance of improving the quality of our scientific knowledge, the standards of our ethical values, the quality and inclusiveness of our clinical services, and the level of solidarity between colleagues, users and carers across the world. Furthermore, the translation of scientific knowledge into our daily ordinary professional lives will be the focus of this congress.

In the past, the WPA always has conducted excellent scientific meetings in collaboration with the two WPA Member Societies from Turkey. We have full confidence in the Organizing and Scientific Committees to ensure the highest calibre of international scientific presentations.

Besides, unique beauties and cultural heritage of Istanbul as well as other cities and regions of Turkey are excellent additional incentives to visit Turkey and attend this congress.

We are sure that you will consider actively contributing to the scientific programme and looking forward to meeting you where the continents meet in the summer of 2013.



Psychiatrists of the world will meet where the continents meet in Istanbul in June 2013.

World Psychiatric Association Psychiatric Association of Turkey Turkish Neuropsychiatric Society

#### SCIENTIFIC PROGRAMME

#### "Improving science, ethics, services and solidarity in psychiatry"

Improving the quality of our scientific knowledge, the standards of our ethical values, the quality and inclusiveness of our clinical services, the translation of scientific knowledge into our daily ordinary professional lives, and the level of solidarity between service providers, users and carers in psychiatry and mental health across the world are crucial challenges in our field. Under the general theme of "Improving science, ethics, services and solidarity in psychiatry", this congress will host scientific studies on every aspect of theoretical and practical issues in our field. You may find the topic list sketched to help the participants in preparing their scientific contributions.

#### PLENARY LECTURES

**Pedro Ruiz (USA)** - Stigma, discrimination, disparities & mental health disabilities

Dinesh Bhugra (UK) - Is prevention really better than cure?
Mario Maj (Italy) - Research in psychiatry: ongoing debate, evolving priorities and ways to increase its quality and impact
Charles B. Nemeroff (USA) - Biological predictors of Post Traumatic Stress Disorder: vulnerability and response to treatment.
Michael Marmot (UK) - Social determinants of mental health
Remzi Sanver (Turkey) - Games theory: implications for humanities
Peykan Gokalp (Turkey), Tunc Alkin (Turkey) - The story of psychia-

try in Turkey: scientific and institutional perspectives

#### **KEY LECTURES**

Levent Küey (Turkey) Subtreshold states in psychiatry: clinical and theoretical implications; Tsuyoshi Akiyama (Japan) Fukushima nuclear plant disaster stress relief project; Edgard Belfort (Venezuela) Dual pathologies in child and adolescent psychiatry: Latin American perspective; Michelle B. Riba (USA) Mental health issues in American colleges and universities; Tarek A. Okasha (Egypt) Under-teaching of mental health versus over-teaching of mental disorders; Afzal Javed (UK) Rehabilitation psychiatry: current concepts and practices; Felice Lieh Mak (Hong Kong) Resilience: a positive approach to dealing with psychiatric disorders; Juan Mezzich (USA) New advances in personcentered psychiatry and medicine; Ahmed Okasha (Egypt) The ethics of treating subsyndromal disorders; Norman Sartorius (Switzerland) Challenges facing mental health services in the early 21st Century; Donna E. Stewart (Canada) Violence against women: the role of psychiatrists; Jack McIntyre (USA) DSM 5: accomplishments and challenges; Fabrizio Delgado Campodonico (Ecuador) Temporal lobe epilepsy and psychosis; Linda Gask (UK) Depression: the patient's perspective; Henrik Wahlberg (Finland) Hundred years of psychiatric cooperation in Northern-Europe; Jiri Raboch (Czech Republic) Biological factors and mood disorders; Petr Morozov (Russia) Russian psychiatry: evolution ways; Driss Moussaoui (Morrocco) Globalization and mental health; Walid Sarhan (Jordan) Islamic religious experiences and concepts in clinical psychiatric practice; Joseph Adeyemi (Nigeria) Mental health services where orthodox care acccess is limited: focus on Sub-Saharan Africa; Solomon T. Rataemane (South Africa) Evidence based psychotherapies for management of substance abuse; Ahmad Jalili (Iran) Psychiatry in Iran; Thirunavukarasu Manickam (India) Utilatrian concept of mental health; Min-Soo Lee (Republic of Korea) Community mental health program and rehabilitation treatment for mental disorder in Asia; Fred Kigozi (Uganda) Scaling up mental health services in low income countries -the Sub-Saharan Africa experience; Mehmet Zihni Sungur (Turkey) Imroving dissemination and training in CBT: Accreditation protocol of European Association of Behavior and Cognitive Therapy (EABCT) and some experiences from Turkey; Kostas Fountoulakis (Greece) Suicidality in Europe and the US during the last decade and in the frame of the current crisis: The Lopez-Ibor Foundation initiative

#### SYMPOSIA ON THE FOLLOWING TOPICS:

Traumatic brain injury (TBI) and psychiatric outcomes / Telemental health - variety of applications toward improved services in psychiatry / A comprehensive developmental psychopathological model for major depression / Child and adolescent mental health provision in schools / ECT in the 21st century: international perspectives / Geneenvironment interactions in neurology and psychiatry / International overview of quality assurance perspectives in mental health / Depression among immigrants / Addiction and concurrent disorders among the most vulnerable / Attention deficit hyperactivity disorder (ADHD) and related conditions / Science in person-centered care / Young psychiatrists in new settings / Mental health of vulnerable youth and the global mental health agenda / Last in line? quality of addiction care as challenge for world psychiatry / Human made disasters and mass traumas / Competency based training in psychiatry / Women's mental health and the law / Stigma in psychiatry: new challenges - new perspectives / Suicides from east to west: trends and ambitions in different parts of the world-1 / Strategies for assessing and treating a suicidal crisis in adolescent / 21 improving teaching skills in psychiatry and mental health / How is internet changing our brains and our profession: risks and opportunities for child and adolescent mental health / Suicides from east to west: trends and ambitions in different parts of the world-2 / The role of "parenting attitudes" on psychopathology / Mental health and political or economical crisis / Mental health service developments in turkey in reflection to European and global context / The quality of our work in psychiatry and the motivation of the team: what role can psychoanalysis play? / Challenges in psychiatric training / Psychiatry in "brain race" time / Introducing evidence based psychiatric rehabilitation at a psychiatric facility in Pakistani in collaboration with university of medicine and dentistry New Jersey / Graduates of a psychia-



Levent Küey, Director of the WPA International Congress Istanbul 2013, and Michael Musalek, President of the WPA International Congress Vienna 2013, in solidarity for Istanbul.

try department working at various institutions, assess the training they went through with their experiences in the field / Psychosocial rehabilitation and recovery: current trends / The internet as chance for a paradigm shift in mental health care / Psychiatry in post-soviet space: mental health services / Understanding borderline psychopathologies: contribution of psychoanalytic theory / Off label use of drugs in psychiatry / After the van earthquake: multi-organizational intervention and cultural perspectives / Scientific publications in psychiatry in Turkey / Culture, music, and psychiatry: emotional and transcultural bridges over societies / Relapse prevention in substance use disorders.

#### COURSES AND WORKSHOPS ON THE FOLLOWING TOPICS:

The four psychologies of psychodynamic theory and psychotherapy-1: drive theory and ego psychology / The four psychologies of psychodynamic theory and psychotherapy-2: object relations theory and self psychology / Psychiatry, religion and spirituality: improving skills / Intimate justice: an emerging clinical treatment to enhance couple intimacy by focusing on relational ethics / Intersectional collaboration on stigma & psychiatry-1 / Intersectional collaboration on stigma & psychiatry-2 / The Istanbul Protocol - aspects and implementation of an international standard-1 / The Istanbul Protocol - aspects and implementation of an international standard-2 / New experience in complementary family and couple therapy at Arab world / Stigma of mental illness: new challenges-new perspectives / Studying suicidal behaviors in low & middle income countries / Engaging and managing angry young men with psychosis: a six-session intervention. neuropsychological perspectives on youth mental health how-to-session / Exploring universal principles of psychotherapy or therapy from the horse's mouth / Hypnosis / A peaceful way to experience differences: bibliodrama / Thesis process: from proposal to defense, from defense to publication / Behind the veil: the different realms of ADHD / Evidence-based treatment decisions for bipolar disorder / Stigma and discrimination: old and new human rights challenges for mental health / Human rights of mental patients: new perspectives / Providing mental health services in rural communities: challenges and solutions / Autism and related disorders: identification, assessment and care process model in Nigeria / Utilization of cinema films for discussions on bereavement in residency training.

#### Scientific Research Awards for Oral Presentations

Scientific Research Awards for Oral Presentations will be open to the application of the authors of researches. Further information including application rules and selection criteria are posted on the website.

#### Scientific Research Awards for Poster Presentations

Scientific Research Awards for Poster Presentations will be open to the application of the authors of researches. Further information including application rules and selection criteria are posted on the website.

#### Fellowship Programme for Early Career Psychiatrists

A Fellowship Program will be organized to support the participation of highly promising early career psychiatrists from across the world. Further information including application deadlines and selection criteria are posted on the website. A special scientific tract will be organized for the fellows.

#### **Cultural Programme**

The Social and Cultural Programme will cover various activities, reflecting the richness of multi-cultural features of Istanbul.



The Maiden's Tower.

#### Psychiatry and Arts/Photo Exhibitions and Awards

Arts/photo exhibitions and awards, with the topic of "Better mental health for all: people, places, faces", will be organized. These events will involve various artistic expressions on psychiatry and mental health. Further information including application deadlines and selection criteria are posted on the website.

Please visit the congress website (www.wpaistanbul2013.org) for a broader idea and details or contact Levent Küey via leventkuey@ wpaistanbul2013.org

#### August 2013

### WPA THEMATIC CONFERENCE 29-31 AUGUST 2013 YEREVAN, ARMENIA

"Mental Health and Mental Illness: Focusing on Eurasia"

Dear Colleagues and Friends,

It is a great pleasure for me to welcome you to the WPA Thematic Conference "Mental Health and Mental Illness: Focusing on Eurasia", which will take place in Yerevan, Armenia, on August 29-31, 2013.

During this occasion, it is our desire and aim to organize and deliver a high quality scientific program reflecting the state of the art clinical practice, as well as providing a common forum for discussion and debate vis-à-vis the future development in the mental health needs and field in this region of the world. Some of the areas and topics covered in this conference will include all aspects of mental health, especially rehabilitation, social and organizational issues related to



the Eurasian Region. Among them, we will address the man-made negative factors affecting the mental health status of this region of the world.

I am sure that together, we will be able to identify and resolve the main mental health problems affecting this area of the world. I look

forward to actively participating in this momentous event and to welcome you personally to join this very important WPA Conference.

Cordially,

Pedro Ruiz WPA President President of the Conference

#### Dear Colleagues,

It is an honor for me to welcome you to the WPA Thematic Conference "Mental Health and Mental Illness: Focusing on Eurasia" to be held in Yerevan, Armenia from August 29 to 31, 2013.

We welcome the participation of Mental Health professionals from regional and global networks, with the intention to share news on recent advances in research, education, prevention and treatment in the Mental Health field. By attending this event you will have a generous input in identifying solutions for existing problems of Mental Health in Eurasian Region.

On behalf of the Armenian Psychiatric Association, I would like to express our thankfulness to the WPA Executive Committee and Professor Pedro Ruiz, WPA President for giving us an opportunity to host this outstanding event here in Yerevan.

We are proud to be a part of an organizing team and believe that you will enjoy not only the Conference itself but our social program as well as your stay in Armenia.

#### September 2013

### WPA REGIONAL CONGRESS AND THE XXIII NATIONAL CONGRESS OF THE MEXICAN PSYCHIATRIC ASSOCIATION 12-16 SEPTEMBER 2013 **GUADALAJARA. MEXICO**

#### "Psychiatry, Integrating Ideation and Imagination"

The Mexican Psychiatric Association (APM) continues with the preparation of our National and WPA Regional Congress "Psychiatry: Integrating Ideation and Imagination". This will be held next September in Guadalajara, Mexico.

We have confirmed the participation of some of the main leaders of world psychiatry and we will be honored with the presence of the World Association for Social Psychiatry (WASP), the International Society for Bipolar Disorders (ISBD), and the Latin American Psychiatric Association (APAL), among others.

We will have 16 keynote lectures and 36 symposia with various topics of interest to our field. There will be updates in Schizophrenia, Bipolar Disorder. Depression, Anxiety, Addictions and Attention Deficit Disorder. In addition, we will have forums to discuss some of the problems we face: Stigma, Violence, Marginalization and Poverty, Education for Mental Health, Psychiatric Diagnosis and Training of Specialized Human Resources.

Finally we will offer a cultural and social program to visit and enjoy Guadalajara, one of the most beautiful cities in Mexico, the birthplace of folklore, mariachi and tequila.

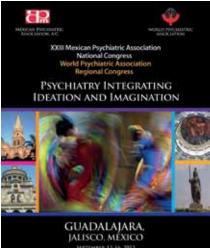


Monument of Saint Mesrop Mashtots - the founder of Armenian alphabet.

I am looking forward to welcoming you in Yerevan!

Warmly,

Armen Soghoyan Director of the Conference President, Armenian Psychiatric Association



EXPO GUADALAJAR/

We are waiting for you to be complete!

Eduardo Madrigal de León President, Mexican Psychiatric Association Fax: +52 55 56525516 E-mail: yanik.osorio@gmail.com Website: www.psiquiatrasapm.org.mx/congresos/congesosNacionalI.html

Contact person: Yanik Osorio Morales M.D., Executive assistant. Tel: +52 55 56525576/86

September-October 2013

### WPA THEMATIC CONFERENCE 29 SEPTEMBER-2 OCTOBER 2013 MELBOURNE, AUSTRALIA

#### "Human factors in crisis and disasters - future proofing of crisis and disaster management"

With Australia being a centre for disaster management intervention, the WPA Thematic Conference brings together the world's best expertise and experience in dealing with all aspects of the human factors associations with natural and man-made crisis and disasters.

The scientific program will engage experts from key government bodies, international organizations and NGOs, with emphasis on the impact and post-impact phases of crisis and disasters. The topics presented and discussed will also focus on children, adolescents, adults and the elderly populations. In this regard, public health models of interventions will have a high priority in the scientific program.



WPA Thematic Conference 2013 Conference Managers
MCI Australia, 113 Abbotsford Street, West Melbourne Vic 3003, AUSTRALIA
Tel: +61 3 9320 8695
Fax: +61 3 9320 8699
E-mail: info@wpathematicconference.org
Website: www.wpathematicconference.org

#### October 2013

### WPA INTERNATIONAL CONGRESS 27-30 October 2013 Vienna, Austria

#### "Future psychiatry: Challenges and Opportunities"

Congress dates: October 27-30, 2013 Congress venue: Austria Center Vienna (ACV)

#### City of Vienna

We invite you to the WPA International Congress 2013 to be held in the amazing city of Vienna, Austria. Vienna is a city of very high standards which combines present and past. A walk through the city is like travelling back in time to the imperial past. In Vienna almost on every corner you can discover valuable cultural treasures.

Vienna is also known as the world capital of music. Waltzes and operettas have their home here, and so do musicals "made in Vienna", which have conquered international audiences. No other city can boast of so many composers: W. A. Mozart, L. van Beethoven, J.

Haydn, and for example, King of Waltz, Johann "Schani" Strauss.

#### WPA IC 2013 SCIENTIFIC PROGRAMME

#### Plenary speakers

It is our pleasure to announce that our invitation to give a plenary lecture was accepted by:



#### October 2013

#### Stephan Doering: "The future of psychotherapy"

Dr. Doering is Chair and Professor of Psychoanalysis and Psychotherapy at the Medical University of Vienna, Austria.

Jeffrey Alan Lieberman: "The prevention of schizophrenia: an idea whose time has come"

Dr. Lieberman is Chairman of the Department of Psychiatry, Director of New York State Psychiatric Institute, Director of Lieber Center for Schizophrenia Research or Psychiatrist-in-Chief at Columbia University Medical Center of the New York-Presbyterian Hospital.

# Charles B. Nemeroff: "Prediction of disease vulnerability and treatment response in mood disorders: Personalized medicine in psychiatry"

Dr. Nemeroff is the Leonard M. Miller Professor and Chairman of the Department of Psychiatry and Behavioral Sciences at the University of Miami Miller School of Medicine in Miami, Florida.

# Franz Resch: "Childhood today: Critical aspects of new morbidity and developmental psychopathology"

Dr. Resch is Dean on Medical Faculty, also Acting Director on Centre of Psychosocial Medicine, and Ordinary and Medical Director, Department of Child and Adolescent Psychiatry at University of Heidelberg.



Michael Musalek, President of the WPA International Congress Vienna 2013, and Levent Küey, Director of the WPA International Congress Istanbul 2013, in solidarity for Vienna.

Nora D. Volkow: "Addiction and the neurobiology of self-control"

Dr. Volkow has received multiple awards, including membership in the Institute of Medicine in the National Academy of Sciences and the International Prize in Science from the French Institute of Health and Medical Research.

Danuta Wasserman: "Lifestyles and mental health of European youth" Dr. Wasserman is Professor of Psychiatry and Suicidology at Karolinska Institutet.



City of Vienna.

All abstracts can be submitted via online form at www.wpaic2013. org/en/login

#### Important dates

30 March 2013: Oral communications and posters submission deadline30 April 2013: Acceptance decision for authors

30 May 2013: New research reports submission deadline

15 June 2013: Detailed scheduling information for authors

#### WPA IC 2013 GENERAL INFORMATION

#### Accreditation

The WPA IC 2012 will have the accreditation of UEMS/CME and WPA.

#### We invite you to register at www.wpaic2013.org/en/login

#### Accommodation

A large number of hotels of various categories at reduced rates will be available for participants of WPA IC 2013. More information at www. wpaic2013.org/en/accommodation

Contact: Congress Secretariat Ms. Barbora Vinsova, GUARANT International Tel: +420 284 001 444 E-mail: wpaic2013@guarant.cz Web page: www.wpaic2013.org

#### CALL FOR ABSTRACTS

The Scientific Committee invites authors to submit abstracts to be considered for inclusion in the programme.

### **Future WPA Scientific Meetings**

#### April 2013

10-13 April 2013: "WPA Regional Congress", Bucharest, Romania. Organizer: Romanian Psychiatric Association. Contacts: a) Dr. Dan Prelipceanu (prelipceanudan@yahoo.com) b) Dr. Eliot Sorel (esorel@gmail.com) Website: www.wpa2013bucharest.org

19-20 April 2013: "Art and Psychiatry", Beirut, Lebanon. Organizer: Lebanese Society of Psychiatry and Hospital of the Cross. Collaboration: Saint Joseph University. Contact: Prof. Charles Baddoura. E-mail: charlesb@dm.net.lb

19-24 April 2013: "Russian Society of Psychiatrists (RSP) Educational Program" with the theme "The 11th School for Early Career Psychiatrists", Souzdal, Russia. Organizer: Russian Society of Psychiatrists (RSP). Contact: Prof. Peter Morozov. E-mails: a) prof.morozov@gmail.com b) suzdal@psychiatr.ru Website: http:// psychiatr.ru/events/64

27-29 April 2013: "CANMAT International Conference on Treatment of Mood and Anxiety Disorders: Middle East Perspectives and Guidelines", Dubai, United Arab Emirates. Organizers: Global Communication and presentation Training INC. Collaboration: The Canadian Network for Mood and Anxiety Treatments (CANMAT). Contact: Dr. Hany Shafey. E-mail: shafeyhi@gmail.com Website: www.menmat.corg

#### May 2013

7-10 May 2013: 9th International Congress on Psychiatry "The Changing Landscape in Neuro-Psychiatric Practice", Cairo and Alexandria, Egypt. Organizer: Department of Neuro-Psychiatry, Ain Shams University. Collaboration: Egyptian Psychiatric Association. Contact: Prof. Afaf H. Khalil. E-mail: profkhafaf@gmail.com Website: www.asuip.net

22-26 May 2013: 5th Macedonian Psychiatric Congress and International Meeting "Bridging clinical expression and neuroscience findings in psychiatry", Ohrid, Macedonia. Organizer: Macedonian Psychiatric Association. Contact: Prof. Dr. Antoni Novotni. E-mail: info@mpacongress2013.com.mk Website: www.mpacongress2013. com.mk

23-25 May 2013: 109th Annual Meeting of the Japanese Society of Psychiatry and Neurology (JSPN) "Establishment of world class psychiatry and psychiatric care in Japan", Fukuoka, Japan. Organizer: Japanese Society of Psychiatry and Neurology (JSPN). Contact: Prof. Shigenobu Kanba. E-mail: jspn109e@kys.jtb.jp Website: www. jspn109.org/jspn109-web-eng/index.html

26-30 May 2013: "The Royal Australian and New Zealand College of Psychiatrists Congress 2013", Sydney, Australia. Organizer: Royal Australian and New Zealand College of Psychiatrists. Contact: WALDRONSMITH Management. E-mail: ranzcp@wsm.com.au Website: www.ranzcp2013.com

#### May-June 2013

30 May-2 June 2013: "3rd International Congress on Neurobiology, Psychopharmacology and Treatment Guidance", Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

#### June 2013

4-5 June 2013: "Forum Specialists in Mental Health: Interdisciplinary and Psychiatry", Buenos Aries, Argentina. Organizer: FINTECO. Collaboration: WPA Section on Mass Media and Mental Health. Contact: Prof. Dr. Miguel Angel Materazzi. E-mails: a) materazzi@ arnet.com.ar b) finteco@arnet.com.ar Website: www.finteco.8k.com

6-8 June 2013: "2nd International Symposium on Controversies in Psychiatry", Cancun, Mexico. Organizer: Latin American Psychiatric Association (APAL). Contact: Prof. Enrique Camarena Robles. E-mail: enriquecamarenarobles@prodigy.net.mx Websites: a) www. controversiamexico.org b) www.apalweb.org

13-16 June 2013: "10th International Conference on Bipolar Disorders", Miami, Florida, USA. Organizer: International Society for Bipolar Disorders. Contact: Ms. Sarah Timm. E-mail: stimm@ parthenonmanagementgroup.com Website: www.10thBipolar.org

19-23 June 2013: "WPA International Congress", Istanbul, Turkey. Organizers: a) Psychiatric Association of Turkey b) Turkish Neuropsychiatric Society. Contact: Dr. Levent Küey. E-mail: KUEYL@superonline.com Website: www.wpaistanbul2013.org

23-29 June 2013: "10th Research Training Seminar in Child and Adolescent Psychiatry", La Spezia, Italy. Organizer: International projects for the Foundation Child. Collaboration: a) WPA Section on Child and Adolescent Psychiatry b) SOPSI (Società Italiana di Psicopatologia). Contacts: a) Prof. Ernesto Caffo b) Mr. Luca Cavallini. E-mail: info@fondazionechild.it Website: www.fondazionechild.it

#### June-July 2013

29 June-3 July 2013: 21st World Congress of Social Psychiatry "The bio-psycho-social Model: the Future of Psychiatry", Lisbon, Portugal. Organizer: World Association for Social Psychiatry. Contact: Prof. Driss Moussaoui. E-mail: drissm49@gmail.com Website: www.wasp2013.com

#### July 2013

2-5 July 2013: "Royal College of Psychiatrists International Congress 2013", Edinburgh, Scotland, UK. Organizer: Royal College of Psychiatrists (UK). Contact: Mr. David Williams. E-mail: congress@rcpsych.ac.uk Website: www.rcpsych.ac.uk/congress

14-19 July 2013: "Oxford Summer School in Philosophy of Psychiatry" with the theme "Mind, Value and Mental Health", St Catherine's College, Oxford University, UK. Organizers: Faculty of Philosophy and the Department for Continuing Education, Oxford University. Collaboration: WPA Section on Philosophy and Humanities in Psychiatry. Contact: Prof. Bill Fulford. E-mail: kwm.fulford@philosophy.ox.ac.uk Website: http://www.conted. ox.ac.uk/courses/details.php?id=V560-2&utm\_source=pop&utm\_ medium=email&utm\_campaign=pop13

25-26 July 2013: The St Catz Colloquium "Making Change Happen", St Catherine's College, Oxford, UK. Organizers: a) International Network for Philosophy and Psychiatry b) Department for Continuing Education, University of Oxford. Collaboration: a) WPA Section on Philosophy and Humanities in Psychiatry b) Royal College of Psychiatrists (Philosophy Special Interest Group). Contacts: a) Prof. Bill Fulford (kwm.fulford@philosophy.ox.ac.uk) or b) Prof. Matthew Parrott (matthew.parrott@philosophy.ox.ac.uk)

#### August 2013

22-25 August 2013: "Best practice in psychological therapies for psychosis", Warsaw, Poland. Organizer: International Society for Psychological and Social Approaches to Psychosis (ISPS). Collaboration: International Society for Psychological and Social Approaches to Psychosis (Poland). Contacts: a) Dr. Brian Martindale b) Mr. Bloom. E-mail: info@isps2013warsaw.pl Website: www.isps2013warsaw.pl

25-28 August 2013: 2013 World Mental Health Congress of the World Federation for Mental Health "Social Inclusion through Interdisciplinary Interventions", Buenos Aires, Argentina. Organizers: a) World Federation for Mental Health b) Argentinean Association for Mental Health. Contacts: a) Prof. Alberto Trimboli (trimboli@live. com) b) Prof. George Christodoulou (gchristodoulou@ath.forthnet.gr) Website: www.wmhc2013.com

29-31 August 2013: WPA Thematic Conference "Mental Health and Mental Illness: Focusing on Eurasia", Yerevan, Armenia. Organizer: Armenian Psychiatric Association. Collaboration: a) Armenian Medical Association b) National Institute of Health, Armenia. Contact: Prof. Armen Soghoyan. E-mails: a) apsecretariat@apnet.am b) soghoyan@apnet.am

#### September 2013

12-14 September 2013: 9th European Congress of Mental Health in Intellectual Disability "New horizons for mental health in intellectual and developmental disabilities", Estoril, Lisbon, Portugal. Organizer: European Association for Mental Health in Intellectual Disability (MH-ID). Collaboration: a) WPA Section on Psychiatry of Intellectual Disability b) Fenacerci (Federação Nacional das Cooperativas de Solidariedade Social) c) ARFIE (Association de Recherche et de Formation sur l'Insertion en Europe). Contact: Dr. Marco Bertelli. E-mail: info@mhid.org Website: www.mhid.org

12-16 September 2013: "WPA Regional Congress and XXIII APM National Congress", Guadalajara, Jalisco, Mexico. Organizer: Mexican Psychiatric Association. Contact: Dr. Eduardo A. Madrigal de León. E- mails: a) emadrigal@salmejalisco.gob.mx b) emale@cencar.udg.mx c) aspsiqm@prodigy.net.mx Website: www.psiquiatrasapm.org.mx

16-19 September 2013: "The International Society on the Study of Personality Disorders (ISSPD) XIII International Congress on Disorders of Personality - Bridging personality and psychopathology: The person behind the illness", Copenhagen, Denmark. Organizer: Institute of Personality Theory and Psychopathology (IPTP). Collaboration: WPA Section on Personality Disorders. Contact: Erik Simonsen. E-mail: es@regionsjaelland.dk Website: www. isspd2013.com

24-27 September 2013: "Spanish Society of Psychiatry National Meeting" with the theme "From classifications to the person", Seville, Spain. Organizer: Spanish Society of Psychiatry. Collaboration: a) Spanish Biological Psychiatric Association b) Spanish Foundation of Psychiatry and Mental Health. Contact: Dr. Jose Giner. E-mails: a) jginer@us.es b) pepeginer@gmail.com Website: www.psiquiatriasevilla2013.org

25-28 September 2013: 1st International Conference on Creative Psycho-pharmacotherapy "Psychopharmacology, new insights, philosophies of treatment and stigma and human rights of patients", Dubrovnik, Croatia. Organizers: a) Croatian Society for Psycho-pharmacotherapy and Biological Psychiatry b) Croatian Medical Association. Collaboration: Croatian Academy of Medical Sciences. Contacts: Prof. Miro Jakovljevic b) Mr. Nikica Zunic. E-mails: a) predstojnik\_psi@kbc-zagreb.hr b) nikica.zunic@pentazagreb.hr Website: www.iccp2013.com

25-28 September 2013: "7th Congress of the Asian Society for Child and Adolescent Psychiatry and Allied Professions (ASCAPAP) and the 12th Biennial Conference of the Indian Association for Child and Adolescent Mental Health" with the theme "Bridging the Gap in Child Mental Health: Opportunities and Innovations", New Delhi, India. Organizers: a) Asian Society for Child and Adolescent Psychiatry and Allied Professions (ASCAPAP) b) Indian Association for Child and Adolescent Mental Health. Contact: Prof. Savita Malhotra. E-mail: ascapapindia2013@gmail.com Website: www. ascapapindia2013.com

26-28 September 2013: 4th European Conference on Schizophrenia Research (ECSR) "Together for better treatment and care", Berlin,

Germany. Organizers: a) European Scientific Association on Schizophrenia and other Psychoses b) Competence Network on Schizophrenia (CNS) c) European Psychiatric Association and its Section on Schizophrenia d) German Association for Psychiatry and Psychotherapy (DGPPN). Collaboration: WPA Section on Schizophrenia. Contact: Viktoria Toeller. E-mail: toeller.viktoria@ uni-duesseldorf.de Website: www.schizophrenianet.eu

26-28 September 2013: "63rd Annual Conference Canadian Psychiatric Association", Ottawa, Canada. Organizer: Canadian Psychiatric Association (CPA). Contact: Heather Cleat. E-mail: conference@cpa-apc.org Website: www.cpa-apc.org

#### September-October 2013

29 September-2 October 2013: WPA Thematic Conference "Human Factors in Crisis and Disasters - Future proofing of crisis and disaster management", Melbourne, Australia. Organizer: WPA Section on Disaster Psychiatry. Collaboration: UNESCO Chair in Bioethics. Contact: Dr. Russell D'Souza. E-mail: info@wpathematicconference. org Website: www.wpathematicconference.org

#### October 2013

10-13 October 2013: "2nd Congress on Treatment in Psychiatry", Ostrava, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Prof. Jiri Raboch, M.D. E-mail: lecbavpsychiatrii2013@guarant.cz Website: www.lecbavpsychiatrii2013.cz

23-26 October 2013: "31st Brazilian Congress of Psychiatry", Curitiba, Paraná, Brazil. Organizer: Brazilian Association of Psychiatry (ABP). Collaboration: Sociedade Paranaense de Psiquiatria (SPP). Contacts: Dr. Antonio Geraldo da Silva b) Simone Paes c) Monica Leite. E-mails: a) sanaf551@terra.com.br b) simone@abpbrasil.org.br c) monica@abpbrasil. org.br Website: www.abpbrasil.org.br/congresso

23-26 October 2013: "III International Congress Dual Disorders: Addictions and Other Mental Disorders", Barcelona, Spain. Organizer: Sociedad Española de Patología Dual (SEPD). Contact: Prof. Miguel Casas. E-mail: secretariat@cipd2013.com Website: www.cipd2013.com

23-26 October 2013: 8th European Congress on Violence in Clinical Psychiatry "New horizons in interdisciplinary approaches", Ghent, Belgium. Organizer: European Violence in Psychiatry Research Group (EViPRG). Collaboration: WPA Section on Art and Psychiatry. Contacts: a) Prof. Henk Nijman (h.nijman@altrecht.nl) b) Prof. Tom Palmstierna (tom.palmstierna@ki.se) c) Mr. N.E.Oud (Nico Oud - nico.oud@freeler.nl) d) conference.management@ freeler.nl Website: www.oudconsultancy.nl/GhentSite/index.html

27-30 October 2013: WPA International Congress "Future Psychiatry: Challenges and Opportunities", Vienna, Austria. Organizer: Austrian Association for Psychiatry and Psychotherapy. Contact: Prof. Michael Musalek. E-mail: wpaic2013@guarant.cz Website: www.wpaic2013.org

#### November 2013

1-3 November 2013: "3rd Asia Pacific Conference on Psychosocial Rehabilitation", Lahore, Pakistan. Organizers: a) Pakistan Psychiatric Research Centre, Fountain House, Lahore b) World Association for Psychosocial Rehabilitation (WAPR). Collaboration: a) WPA Section on Psychiatric Rehabilitation b) World Association for Social Psychiatry. Contacts: a) Dr. Afzal Javed (afzal.javed@ntlworld.com) b) Prof. Nasar Sayeed Khan (nasarsayeed@yahoo.com)

6-8 November 2013: "Perinatal Mental Health: Optimizing Treatment to Improve Infant Outcomes", Chicago, Illinois, USA. Organizer: Northwestern University. Contact: Stephanie Dunavant. E-mail: sdunavant@parthenonmanagementgroup.com Website: www.perinatalmentalhealthmeeting.com

23-25 November 2013: 7th International Conference on Psychiatry "Psychiatry in Combating Gender Violence", Dhaka, Bangladesh. Organizer: Bangladesh Association of Psychiatrists (BAP). Collaboration: a) World Association for Psychosocial Rehabilitation (WAPR) b) Asian Federation for Psychiatric Association (AFPA) c) SAARC Psychiatric Federation (SPF). Contacts: a) Prof. Md. Golam Rabbani b) Prof. Md. Waziul Alam Chowdhury. E-mail: bap@agni.com Website: www.bapbd.org

#### December 2013

15 December 2013: "Temperament, character, personality and the mood disorders spectrum", Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

#### February 2014

1-28 February 2014: "15th Edition of the Virtual Congress of Psiquiatria.com (Interpsiquis 2014)". On-line. Organizer: Psiquiatria. com (Dr. Pedro Moreno and Dr. Jerónimo Saíz). Collaboration: AEN, SEP, SEPB and APAL. Contact: Dr. Pedro Moreon Gea (pmoreno@psiquiatria.com). E-mail: congreso@interpsiquis.com Website: www.psiquiatria.com/interpsiquis2014

6-8 February 2014: "WPA Regional Meeting", Kampala, Uganda. Organizer: Uganda Psychiatric Association. Contact: Dr. Fred Kigozi. E-mails: a) buthosp@infocom.co.ug b) fredkigozi@yahoo.com

#### April 2014

9-12 April 2014: WPA Regional Meeting "Addressing mental health needs in the Alps-Adria-Danube Region: Stigma, Community Based Care, Stress and Suicidality", Ljubljana, Slovenia. Organizer: Psychiatric Association of Slovenia. Contacts: a) Dr. Peter Pregelj (peter.pregelj@psih-klinika.si) b) Dr. Jurij Bon (jurij.bon@pb-begunje.si) Website: www.wpaljubljana2014.org

#### May 2014

7-9 May 2014: "National Association on Dual Diagnosis (NADD) International Congress", Miami, Florida, USA. Organizer: NADD (National Association on Dual Diagnosis). Collaboration: WPA Section on Psychiatry of Intellectual Disability. Contacts: a) Dr. Robert J. Fletcher (RFletcher@thenadd.org) b) Dr. Marco Bertelli (bertelli.fi@ tiscali.it) Website: www.thenadd.org

14-17 May 2014: Congress of World Association for Dynamic Psychiatry "Multidisciplinary Approach to and Treatment of Mental Disorders: Myth or Reality?", St. Petersburg, Russia. Organizer: World Association for Dynamic Psychiatry. Contact: Dr. Maria Ammon. E-mail: DAPBerlin@aol.com Website: www.wadp-congress.de

#### June 2014

5-7 June 2014: WPA Thematic Conference "Neurobiology and treatment of psychiatric disorders and addiction", Warsaw, Poland. Organizer: Polish Psychiatric Association. Contacts: a) Dr. Janusz Heitzman b) Dr. Jerzy Samochowiec c) Ms. Lenka Sliwková. E-mails: a) wpatcwarsaw2014@guarant.cz b) sliwkova@guarant.cz Website: www.wpatcwarsaw2014.com

26-29 June 2014: 16th International Conference for Philosophy, Psychiatry and Psychology "Neuroscience, Logics and Mental Development", Varna, Bulgaria. Organizers: a) International Network for Philosophy and Psychiatry, Balkan Academy for PPP "Athena Pallada" b) Medical University of Plovdiv, Faculty of Medicine; Plovdiv University "Paisii Hilendarski". Collaboration: Royal College of Psychiatrists (Philosophy Special Interest Group). Contact: Prof. Drozdstoj (Drossi) Stoyanov. E-mail: drozdstoj@uni-plovdiv.bg Website: www.inpp2014.com/index.html

#### September 2014

14-18 September 2014: WPA 16th World Congress of Psychiatry "Focusing on Quality, Access and Humane Care", Madrid, Spain. Organizer: Spanish Society of Psychiatry (SEP). Collaboration: a) Spanish Association of Neuropsychiatry (AEN) b) Portuguese Society of Psychiatry and Mental Health (SPPSM). Contact: Ms. Carolina G. Sicilia. E-mail: secretariat@wpamadrid2014.com Website: www.wpamadrid2014.com

#### December 2014

12-14 December 2014: WPA Regional Congress "Ying and Yang of Mental Health in Asia – Balancing Priorities", Hong Kong, China. Organizer: The Hong Kong College of Psychiatrists. Collaboration: a) Departement of Psychiatry. The University of Hong Kong b) Departement of Psychiatry. The Chineese University of Hong Kong. Contact: Ms. Sabrina Hung. E-mail: wpa2014.hk@gmail.com Website: www.hkcpsych.com.hk/wpa2014/

# WPA PUBLICATIONS

Contact: WPA Secretary for Publications, Michelle B. Riba, mriba@umich.edu



### WPA PUBLICATIONS: BOOKS AND JOURNALS

Michelle B. Riba WPA Secretary for Publications

The WPA publications program seeks to promote the goals of the World Psychiatric Association and specifically to: 1) disseminate information about clinical, service and research developments in the mental health field to the largest possible number of psychiatrists and health professionals across the world; 2) promote and give visibility to good quality research carried out in low and middle income countries. These goals are pursued through publishing the official journal of the WPA, World Psychiatry, publishing books on topics relevant to the ethical and successful practice of modern psychiatry, and supporting psychiatric journals in low- and middle-income countries. I sincerely appreciate the opportunity to serve in this important position and look forward to the leadership and vision of Professor Pedro Ruiz and the Executive Committee, Board, Member Societies, allied groups and colleagues of the WPA to further the work of our publications group. I am deeply indebted to the hard work, dedication and success of my predecessor, Professor Helen Herrman, who did such a wonderful job in her previous role as Secretary for Publications.

I also sincerely appreciate the opportunity to work with our new Operational Committee on Scientific Publications whose members include: Michelle B. Riba (Chair); Carmen Leal (Co-chair); Alfredo Cia (Member); Linda Lam (Member); Zvi Zemishlany (Member). World Psychiatry, edited by WPA Past President Prof. Mario Maj, is a high quality journal of international mental health, disseminated to all countries and distributed to psychiatrists and other mental health professionals worldwide. It is now produced in English, Spanish, Chinese, Russian, French, Arabic, and Turkish languages, and in partial translation in Romanian. The journal is indexed by Medline, Current Contents and the Science Citation Index. Full articles and abstracts from its inception in January 2002 are available online through Medline/Pubmed and the WPA website. The new impact factor of World Psychiatry, based on citations in the year 2011, is 6.233, ranking it among the top ten of psychiatric journals.



The WPA Bulletin on Depressionis edited by Prof. Driss Moussaoui as education for primary care doctors and residents in psychiatry. Two issues are published

each year in five different languages.

The series Evidence and Experience in Psychiatry is a highly successful publishing venture that compares research evidence and clinical experience concerning the diagnosis and management of the most common mental disorders. Each volume covers a specific mental disorder, with a set of systematic reviews of the research evidence, each followed by commentaries produced by psychiatrists from various countries and representing different schools of thought. Ten volumes now exist, several in second or third edition and several translated into various languages including Russian, Spanish, Portuguese, Italian and Turkish. The volume on Substance Abuse Disorders was published in December 2010, and Trauma and Mental Health in June 2011. The series Anthologies of International Psychiatric Texts (Series Director D. Moussaoui) and Anthologies Online includes classical texts produced by psychiatrists of a given country or group of countries published in English for the first time, accompanied by essays on their authors. Electronic versions are now available through the WPA website and link to Wiley-Blackwell Interscience. A new Anthology of Greek texts was just released at the WPA meeting in Buenos Aires in September 2011, and will hopefully be translated into Spanish. The series Images of Psychiatry illustrates the depth and breadth of experience in psychiatry around the world.

WPA Books Published by Wiley-Blackwell All are available for sale online at 20% discount price to members of WPA Member Societies, through link from www.wpanet.org/publications.

Community Mental Health: Putting Policy into Practice Globally. Editors: G. Thornicroft, M. Semrau, A. Alem, R. Drake, H. Ito, J. Mari, P. McGeorge, R. Thara. 2011 / 234 pages. World Psychiatric Association. Wiley-Blackwell, Oxford. ISBN: 978-1-119-99865-5 **Post-traumatic Stress Disorder.** Editors: D. Stein, M. Friedman, C. Blanco. 2011 / 286 pages. World Psychiatric Association. Wiley-Blackwell, Oxford. ISBN: 978-0-470-68897-7

Psychiatry and Heart Disease: The Mind, Brain, and Heart. Editors: M. Riba, L. Wulsin, M. Rubenfire. Associate Editor: D. Ravindranath. January 2012. World Psychiatric Association. Wiley-Blackwell, Oxford. ISBN: 9780470685808

Current Science and Clinical Practice Series: A series of focused books for practising psychiatrists that reviews the latest evidence in key areas on presentations, diagnosis, management, aetiology and influences on outcome. The aim is to provide a guide to effective patient care for psychiatrists. The series will inform practising psychiatrists of emerging and important scientific advances and how these may best inform clinical practice.

Schizophrenia: Current science and clinical practice. Editor Wolfgang Gaebel. April 2011 / Hardback / 254 pages. Wiley-Blackwell. ISBN: 978-0-470-71054-8

Obsessive Compulsive Disorders: Current science and clinical practice. Editor Joseph Zohar. July 2012 / Hardback / 360 pages. Wiley-Blackwell. ISBN: 978-0-470-71125-5

**Depression series:** Three volumes that aim to update psychiatrists, other mental health professionals, general practitioners, and other medical specialists about the epidemiology, pathogenesis, medical costs, management, and public health and cultural implications of the comorbidity between depression and three other diseases.

**Depression and Diabetes.** Editors W Katon, M. Maj, N. Sartorius. July 2010

**Depression and Cancer.** Editors D. Kissane, M. Maj, N. Sartorius. October 2010

**Depression and Heart Disease.** Editors A. Glassman, M. Maj, N. Sartorius. December 2010

**Evidence and Experience in Psychiatry Series:** 

Substance Abuse. WPA Series Evidence and Experience in Psychiatry. Editors: Ghodse H, Herrman H, Maj M, Sartorius N. December 2010

Trauma and Mental Health: Resilience and Posttraumatic Disorders. Editors Dan J Stein, Carlos Blanco, Matthew Friedman. June 2011

#### PUBLICATIONS 2007-2010

Parenthood and Mental Health: A bridge between infant and adult psychiatry. Editors: Tyano S, Keren M, Herrman H, Cox J. April 2010 / Hardback. ISBN: 9780470747223

Religion and Psychiatry: Beyond Boundaries. Editors: Peter J. Verhagen, Herman M. van Praag, Juan J. López-Ibor Jr., John Cox, and Driss Moussaoui. 2009 / Hardback. ISBN: 9780470694718

Contemporary Topics in Women's Health: Global perspectives in a changing society. Editors: Prabha S. Chandra, Helen Herrman, Jane Fisher, Marianne Kastrup, Unaiza Niaz, Marta Rondon, and Ahmed Okasha. 2009 / Hardback. ISBN: 9780470754115

Depressive Disorders, 3rd Edition. WPA Series Evidence and Experience in Psychiatry. Editors: Helen Herrman, Mario Maj, and Norman Sartorius. 2009 / Hardback / 344 pages. ISBN: 9780470987209

Handbook of Service User Involvement in Mental Health Research. Editors: Jan Wallcraft, Beate Schrank, and Michaela Amering. Foreword: George Szmukler. 2009 / Hardback / 272 pages. ISBN: 9780470997956

Recovery in Mental Health: Reshaping scientific and clinical responsibilities. Michaela Amering and Margit Schmolke. Translation: Peter Stastny. 2009 / Hardback / 280 pages. ISBN: 9780470997963

Psychiatrists and Traditional Healers: Unwitting partners in global mental health. Editors: Mario Incayawar, Ronald Wintrob, and Lise Bourchard. Honorary Editor: Goffredo Bartocci. 2009 / Hardback / 296 pages. ISBN: 9780470516836

Psychiatric Diagnosis: Challenges and prospects. Editors: Ihsan M. Salloum and Juan E. Mezzich. 2009 / Hardback / 328 pages. ISBN: 9780470725696

The Mental Health of Children and Adolescents: An area of global neglect. Editors: Helmut Remschmidt, Barry Nurcombe, Myron Lowell Belfer, Norman Sartorius, and Ahmed Okasha. 2007. ISBN: 9780470512456

#### PUBLICATIONS 2002-2005

Early Detection and Management of Mental Disorders. Editors: Mario Maj, Juan José López-Ibor, Norman Sartorius, Mitsumoto Sato, and Ahmed Okasha. 2005. ISBN: 9780470010839

Families and Mental Disorder: From Burden to Empowerment. Editors: Norman Sartorius, Julian Leff, Juan José López-Ibor, Mario Maj, and Ahmed Okasha. 2005. ISBN: 9780470023822

Disaster and Mental Health. Editors: Juan José López-Ibor, George Christodoulou, Mario Maj, Norman Sartorius, and Ahmed Okasha. 2004. ISBN: 9780470021231

**Psychiatry as a Neuroscience.** Editors: Juan José López-Ibor, Wolfgang Gaebel, Mario Maj, and Norman Sartorius. 2002. ISBN: 9780471496564

**Psychiatry in Society.** Editors: Norman Sartorius, Wolfgang Gaebel, Juan José López-Ibor, and Mario Maj. 2002. ISBN: 9780471496823

**Psychiatric Diagnosis and Classification.** Editors: Mario Maj, Wolfgang Gaebel, Juan José López-Ibor, and Norman Sartorius. 2002. ISBN: 9780471496816

# EVIDENCE AND EXPERIENCE IN PSYCHIATRY SERIES

**Bipolar Disorders.** Editors: Mario Maj, Hagop S. Akiskal, Juan José López-Ibor, and Norman Sartorius. 2002. ISBN: 9780471560371

Dementia, 2nd Edition. Editors: Mario Maj and Norman Sartorius. 2003. ISBN: 9780470849637

**Depressive Disorders, 3rd Edition:** Editors: Helen Herrman, Mario Maj and Norman Sartorius. 2009 / Hardback / 344 pages. ISBN: 9780470987209

Eating Disorders. Editors: Mario Maj, Katherine Halmi, Juan José López-Ibor, and Norman Sartorius. 2003. ISBN: 9780470848654

**Obsessive-Compulsive Disorders, 2nd Edition.** Editors: Mario Maj, Norman Sartorius, Ahmed Okasha, and Joseph Zohar. 2003. ISBN: 9780470849668

**Personality Disorders.** Editors: Mario Maj, Hagop S. Akiskal, and Juan E. Mezzich. 2005. ISBN: 9780470090367

**Phobias.** Editors: Mario Maj, Hagop S. Akiskal, Juan José López-Ibor, and Ahmed Okasha. 2004. ISBN: 9780470858332 Schizophrenia, 2nd Edition. Editors: Mario Maj and Norman Sartorius. 2003. ISBN: 9780470849644

Somatoform Disorders. Editors: Mario Maj, Hagop S. Akiskal, Juan E. Mezzich, and Ahmed Okasha. 2005. ISBN: 9780470016121

Substance Abuse. Editors: Ghodse H, Herrman H, Maj M, Sartorius N. 2010

Trauma and Mental Health: Resilience and Posttraumatic Disorders. Editors Dan J Stein, Carlos Blanco, Matthew Friedman. 2011

Anthologies and Online Anthologies of International Psychiatric Texts (Series Director D. Moussaoui)

Online at: www.interscience.wiley.com/onlinebooks (via link from www.wpanet.org/ publications)

Anthology of German Psychiatric Texts. Editor: Henning Sass. 2007 / 526 pages. Adobe E-Book. ISBN: 9783000204258

Anthology of Spanish Psychiatric Texts. Editor: Juan José López-Ibor, Carlos Carbonell Masiá, and Jean Garrabé. 2001 / 552 pages. Adobe E-Book. ISBN: 9780470986745

Anthology of Italian Psychiatric Texts. Editors: Mario Maj and Filipo M. Ferro. 2002 / 432 pages. Adobe E-Book. ISBN: 9780470986707

Anthology of French Language Psychiatric Texts. Editors: François-Régis Cousin, Jean Garrabé, and Denis Morozov. 1999 / 552 pages. Adobe E-Book. ISBN: 9780470986721

Anthology of Greek Psychiatric Texts, edited by George N. Christodoulou, Dimitris N. Ploumpidis, Athanasios Karavatos. Due September 2011

#### **IMAGES IN PSYCHIATRY**

Images in Psychiatry: German Speaking Countries, Austria; Germany; Switzerland. Editors: Eugen M. Wolpert. Konrad Maurer, Aicha Hind Rifai, Ernst Ulrich Vorbach, and Martin Hambrecht. Published by Universitatsverlag WINTER Heidelberg 2006 ISBN: 382531670X

**Images of Psychiatry: The Caribbean.** Editors: Frederick W. Hickling and Eliot Sorel. Published by Stephenson's Press Limited, Jamaica 2005

**Images of Psychiatry: Romania.** Editors: Eliot Sorel and Dan Prelipceanu. Published by InfoMedica, Bucharest 2004

Images of Spanish Psychiatry. Editors: Juan

José López-Ibor, Carmen Leal Cercós and Carlos Carbonnell Masiá. Editorial Glosa 2004. ISBN: 847429200X

**Images in Psychiatry: Poland.** Editors: Adam Bilikiewicz and Janusz Rybakowski. Published by Via Medica, Gdansk 2002. ISBN: 8372583374

Images in Psychiatry: An Arab Perspective. Editors: Ahmed Okasha and Mario Maj. Coeditors: Aida Seif El Dawla and Tarek Okasha. Published by Scientific Book House, Cairo 2001

#### **OTHER WPA BOOKS**

Advances in Psychiatry, Third volume. Editors: George N. Christodoulou, Miguel Jorge, Juan E. Mezzich, Beta Medical Arts, Athens, Greece, 2009/ 289 pages. ISBN: 9789604520824

Psychiatry and Sexual Health: An Integrative Approach. Editors: Juan E Mezzich and Ruben Hernandez-Serrano on behalf of the WPA Educational Program on Sexual Health. Published by Jason Aronson, USA 2006 (an imprint of Rowman & Littlefield Publishers). Available online at www.rowmanlittlefield.com.

Essentials of Clinical Psychiatry for sub-Saharan Africa. Editors: Frank G. Njenga, Wilson Acuda, Vikram Patel, and Mario Maj. Published by Masson, Milano 2005

Advances in Psychiatry. Editor: George N. Christodoulou, Beta Medical Arts, Athens, Greece, 2002

Advances in Psychiatry, Second volume. Editor: George N. Christodoulou, World Psychiatric Association, Paris, France, 2005/282 pages. ISBN: 2902050046

#### WPA SCIENTIFIC SECTIONS OFFI-CIALLY LINKED JOURNALS

Affective Disorders - Journal of Affective Disorders

Classification, Diagnostic Assessment and Nomenclature – *Psychopathology* 

Clinical Psychopathology – Psychopathology

Disaster Psychiatry – *Revue Francophone du* Stress et du Trauma + Revista de Psicotrauma

Ecology, Psychiatry and Mental Health – *Idee in Psichiatria* 

History of Psychiatry - History of Psychiatry

Mental Health Economics – Journal of Mental Health Policy and Economics Personality Disorders – Personality and Mental Health

Psychiatric Rehabilitation – International Journal of Mental Health

Psychiatry of Intellectual Disability - Journal

of Intellectual Disability Research

Psychophysiology in Psychiatry – Activitas Nervosa Superior

Rural Mental Health – *Psychiatry in General Practice*  Transcultural Psychiary – *Transcultural Psychiatry* 

Women's Mental Health - Archives of Women's Mental Health

This information on WPA Publications was updated in March 2013.

### OBITUARY Valentin Semke



V.Ya Semke graduated in 1960 from the Altay Medical Institute with excellence from a postgraduate student to obtaining an M.D. degree, and later, Professorship. In 1986 he became

a Corresponding Member of the Academy of Medical Sciences of USSR specialized in "psychiatry", and in 1994 became an Academician of RAMSci.

In 1982, he became the Deputy Director for Scientific Research of the Tomsk Mental Health Research Institute, and was Director of the Institute until his passing away death.

Basic results of the study of mental pathology, its prevalence, diagnosis and pathogenetic therapy have been obtained. The influence of ethno-cultural factors on these indices has been defined; regularities of interaction of ecological factors have been identified in the formation of borderline mental disorders. Bases of borderline gerontopsychiatry and crisisology, valeopsychology and clinical personology have been established, concepts of hysteric illness, pre-nosological forms, aspects of systematic, diagnosis, targeted therapy have been introduced. Models of addictological and psychiatric service have been developed. Priority investigations were carried out at an international level in the field of ecological psychiatry, ethnopsychiatry and ethnopsychology.

Accent in scientific investigations was made on fundamentality and prioritization. Clinical aspects of prevention, valeopsychology, personology, extra-nosological problems were studied. New forms of psychiatric service were introduced. Modern technologies were developed in treatment and rehabilitation (psychological, psychotherapeutic assistance, UHF-therapy, inhalational narco-psychotherapy). Interdepartmental collaborative contacts were strengthened. Of relevance was the development and perfection of scientific investigations and strengthening of affiliations in the Siberian region. International activity and work was actively continued within the International Association of Ethnopsychologists and Ethnopsychotherapists. Clinic was a base for introduction of new methods of the therapy, acupuncture, UHFtherapy, aroma-therapy, biofeedback-therapy, change of resistance toward the therapy with immune modulators and enterosorbents. etc., have been introduced.

V.Ya. Semke is honored with the following titles: Academician of Russian Academy of Sciences; Academician of the International Academy of Informatics; Academician of the International Academy of Medical Anthropology; Academician of Kyrgyz Academy of Sciences; Academician of Pacific International Academy of Sciences; President of the International Association of Ethnopsychologists and Ethnopsychotherapists; Member of World Psychiatric Association; Member of World Federation for Mental Health; Member of the International College of Psychosomatic Medicine; Member of Russian Section of German Society of Neurologists and Psychiatrists; Member of WHO Commission on systematic of borderline states; Medal "Developing of New Lands" (1958); Jubilee Medal "For Heroic Labor as a Memory of 100-anniversary since V.I. Lenin's Birthday" (1970); Sign "Honored Physician" (1970); Medal of the Order of degree II "For Services in Front of Homeland" (1996).

Forty-five years of practical activity have allowed V.Ya. Semke to create a scientific school whose basic trends were devoted to regional problems of mental health and investigation of basic and applied problems of psychiatry and addictology.

He is author of 1065 publications, 33 monographs and 2 issues of basic works "Atlas of basic mental diseases in Siberia and Far East" (1988) and "Mental health of the population of Tomsk District" (1999). For the last 5 years he has published 340 papers and 18 monographs, including "Psychogenias of the modern world" (2003), "Clinical psychoneuroimmunology" (2003), "Quality of life and mental health" (2004), "Mental crises and overcoming of them" (2005), "Borderline gerontopsychiatry" (2005).

His field of scientific interests have been: clinical and evolutionary dynamic of borderline states, theoretic-methodological problems of valeopsychology and prevention of basic mental pathology, study of their pathogenetic mechanisms, consideration of regional and ethnocultural aspects of mental health, development of scientificorganizing bases of medico-psychological, psychiatric and addictological service, creation of new re-adaptive, preventive forms and programs of rendering specialized assistance for the population.

Svetlana Vladimirova Referent of Director in International Activity Mental Health Research Institute, Tomsk

# **WPA NEWS** Official Quarterly News Bulletin of WPA



#### WORLD PSYCHIATRIC ASSOCIATION 비는주조프트 비료 시도트 보너ન 비ﻧﻘﺴﯩﻲ 世 界 精 神 病 学 协 숲 ASSOCIATION MONDIALE DE PSYCHIATRIE WELTVERBAND FÜR PSYCHIATRIE ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA BECMMPHAR ICIXMATPIVECKARACCOLIVALIVA ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

#### March 2013 |

#### WPA Executive Committee President: Pedro Ruiz (USA)

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Tel: +41 22 305 5737

Fax: +41 22 305 5735 Email: wpasecretariat@wpanet.org

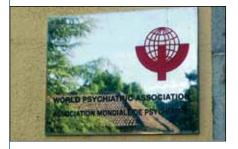
#### WEBSITE: WWW.WPANET.ORG

#### The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 137, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 68 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).



#### What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidencebased therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

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Geneva University Psychiatric Hospital Bâtiment Les Voirons 2 Chemin du Petit Bel-Air 1225 Chêne-Bourg GENEVA Switzerland