



- Transcultural Psychiatry Section
- Section Psychological Consequences
of Torture & Persecution



An EPA Cultural Section
(co-organised) event



MITK



World Council
for Psychotherapy

International Conference on Women, Safety and Health in Asia

Kathmandu, Nepal
August 29–31, 2019

Pre-Conference Workshops at
Kathmandu University Dhulikhel
August 27–28, 2019

Conference Information
&
Scientific Program

www.icwvh-in-asia.org



A Word of Welcome

The gradual growth of the understanding that the safety and health of women is at the core not only of the family, but also of civil society and rule of law, as supported by binding international humanitarian standards, requires substantial changes in many countries and traditional social systems. The challenges in the implementation of concrete steps to realize this insight and the international standards, not only in Europe and the US, but also in Asia with its wealth of traditional cultures and long-standing practices that at times interfere with the well-being and safety of women, for example restrictive menstruation practices or different forms of domestic violence, require close collaboration between different disciplines, such as such as medicine, psychology and sociology, but also between local and international NGOs and academic institutions like universities that train future generations.

Our conference for the first time brings together most of this groups to exchange on present knowledge and best practice in this important field and intensify future collaboration.

We are grateful to our long-standing partner, the University of Kathmandu at Dhulikhel, and local and international organisations joining us to bring this important event to Nepal and welcome all to our conference and this beautiful country.

Thomas Wenzel (Austria)

Meryam Schouler-Ocak (Germany)

Solmaz Golsabahi-Broclawski (Germany)

A Word of Welcome from Kathmandu University Dhulikhel

T



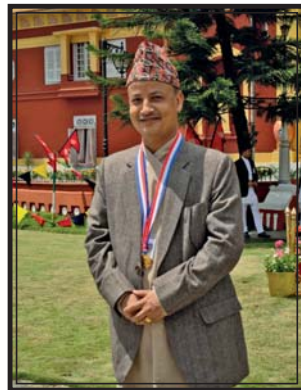
In Memory of Dr. Kedar Manandhar

Dr. Kedar Manandhar (21st Aug 1968 – 15th April 2019), MPH, PhD, Lecturer in the Department of Community Medicine, Dhulikhel Hospital, Kathmandu University School of Medical Sciences, was an asset of the institute; loved by all his students and respected by all the colleagues. He worked in the institute for almost one-and-half-decade (thirteen years). His untimely departure in the very young age (51 years) has resulted in an irrecoverable loss to the institute; Dhulikhel Hospital has lost a teacher, a researcher, and a supervisor. He is survived by a wife, and two children.

His wife **Nirmala Manandhar** remembers him as a best friend since childhood. After marriage, she found him to be an honest, loving, dedicated, and enthusiastic human being, who always thought about others' betterment. He always wanted to see smiling face of his family. In addition, he was very much dedicated to his work; he would spend most of his nights working for his students and research activities.

Although he is no more with us, we always feel his love, care, encouragement and support in our heart. We pray almighty for long-lasting peace to the departed noble soul.

From the onset, Dr. Kedar Manandhar was instrumental in the planning of the 2019 "International Conference on Women, Safety and Health in Asia" as a member of the organising committee. The conference held in Kathmandu and Dhulikhel is dedicate to his memory.



Organising Committee

Prof. Thomas Wenzel (Austria)

Dr. Kedar Manandhar^(†) (Co-chair, Chair, local organising committee, Nepal)

Ms. Geeta Kamal Shrestha (MN; Local organising committee, Nepal)

Dr. Ajay Risal (Local organising committee, Nepal)

Dr. Solmaz Golsabahi-Broclawski (Germany)

Prof. Meryam Schouler-Ocak (Charité Berlin, Germany)

Scientific Committee

Prof. Dr. Rajendra Koju (Nepal)

Dr. Bushahn Guragain (Nepal)

Prof. Helen Herrman (WPA)

Prof. Dr. Afzel Javad (WPA)

Prof. Ma Yan (Eurasia Pacific Uninet - EPU)

Dr. Artur Broclawski (Germany/Poland)

Prof. Marianne Carisius Kastrup (WPA, Denmark)

Prof. Sebnem Korur (Istanbul, Turkey)

Radha Paudel (Nepal)

Prof. Aida el Dawla (Cairo University, Egypt)

Dr. Barry Roth (Harvard Program on Medicine and the Law, USA)

Dr. Bhogendra Sharma (CVICT, Nepal)

Ram Prasad Sapkota (Nepal/USA)

Jay Yamashiro (Okinawa, Japan/Austria)

Prof. Yueqing Huang (Beijing University, PRC)

Prof. Dr. Sudarshan Narsingh Pradhan (President, Psychiatrists' Association of Nepal - PAN)

Dr. Arun Kunwar (Nepal)

Prof. Gabriele Sachs (Medical University of Vienna, Austria)

Prof. Prabha S. Chandra (National Institute of Mental Health and Neurosciences, Bangalore, India)

Prof. Solvigh Ekblad (Karolinska Institutet, Stockholm, Sweden)

Hannah Kienzler, PhD (King's College, London, UK)

Prof. Uttam Patti (Nehru University, New Delhi, India)

Prof. Yizhuang Zou (Beijing University, PRC)
Prof. Mariam Jishkariani (Tbilisi, Georgia)
Prof. Bian Ying (Macao University, PRC)
Sienna R. Craig (Dartmouth College, USA)
Prof. Thomas Stompe (Medical University of Vienna, Austria)
Prof. Gabriele Fischer (Austria)
Prof. Andrea Dörfler (Medical University of Vienna, Austria)
Dr. Maria Kletecka-Pulker (Medical University of Vienna, Austria)
Prof. Wolf-Dieter Rausch (President, Eurasia Pacific Uninet - EPU)
Prof. Alfred Pritz (Rector, Sigmund Freud University, Vienna, Austria)
Prof. Mimoza Shahini (Kosovo)
Dr. Dushala Ji (Nepal)
Dr. Dushala Adhikari (Nepal)
Prof. Dr. Gernot Tews (Austria)
Dr. Michael Sommergruber (Austria)
Dr. Georg Freude (Austria)

Local Organising Committee

Geeta Kamal Shrestha (Master in Nursing in Women's Health and Development)
Assoc. Professor, Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Kunta Devi Pun (M.Mid, PhD in Public Health)
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Akina Shrestha (MPH, PhD)
Lecturer, Kathmandu University School of Medical Sciences

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Susanna Phoboo (PhD)
Syaahaar, Dhulikhel Hospital – Kathmandu University Hospital, Dhulikhel Kavre, Nepal

Laxmi Maiya Prajapati (Master in Nursing in Women's Health and Development)
Assist. Professor, Kathmandu University School of Medical Science, Dhulikhel Kavre, Nepal

Radha Paudel (MDM, MA, MEd, BN)
Founder of the Radha Paudel Foundation, Nepal

Promoting Universities and Organisations

- Kathmandu University in collaboration with Dhulikhel Hospital (Nepal)
- Medical University of Vienna (Austria)
in collaboration with the Eurasia Pacific Uni-Net
- University of Vienna (Austria)
- World Psychiatric Association (WPA)
– *Section Psychological Consequences of Torture & Persecution*
– *Transcultural Psychiatry Section*
- Psychiatrists Association of Nepal (PAN)
- European Psychiatric Association (EPA) – *an EPA Cultural Section co-organized event*
- World Council for Psychotherapy (WCP)
- Medizinisches Institut für transkulturelle Kompetenz (MITK) (Germany)
- Centre for Victims of Torture (CVICT) (Nepal)
- Deutsch-Türkische Gesellschaft für Psychiatrie, Psychotherapie und Psychosoziale Gesundheit e.V. (DTGPP) (Germany)
- Dachverband der transkulturellen Psychiatrie, Psychotherapie und Psychosomatik im deutschsprachigen Raum e.V. (DTPPP) (Germany)
- Österreichischer Austauschdienst (OeAD)(Austria)
- Österreichische Gesellschaft für Reproduktionsmedizin und Endokrinologie (OEGRM) (Austria)
- Österreichische IVF-Gesellschaft (Austria)
- Radha Paudel Foundation (Nepal)
- Wirtschaftskammer Österreich – Aussenwirtschaft Austria (WKO) (Austria)
- IPAS Nepal – Health Access Rights (Nepal)
- Astro Pharma GmbH (Austria)
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GEDEON RICHTER

- Österreichische Gesellschaft für Reproduktionsmedizin und Endokrinologie (OEGRM) (Austria)

 Österreichische Gesellschaft für
Reproduktionsmedizin und
Endokrinologie

General Information

Conference Venues

Pre-Conference Workshop

Dhulikhel

Site of Kathmandu University Dhulikhel

Main Scientific Conference

Kathmandu

Hotel Crowne Plaza Kathmandu – Soaltee

Tahachal Marg, Kathmandu

Phone: +977 1 4273999

E-Mail: res.ktm@ihg.com

Conference Office



CE-Management

Mag. Yasmin B. Haunold

A-1180, Vienna, Austria

Scheibenbergstrasse 39

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E-Mail: office@icwvh-in-asia.org

Language

Official language of the conference is English; all presentations must be in English.

Presentations

Presentations should be saved as PowerPoints on an USB stick; sticks should be dropped at the registration desk for upload to presentation laptop.

Program Changes

Any last minute program changes will be announced at/near the registration desk.

Continuing Medical Education (CME) Credits

Attendees will receive a participation certificate to apply for CME credits. The main conference (August 29–31, 2019) has been certified for a total of 15 CME credits (Category B) by the Medical Association Westphalia-Lippe (Münster, Germany).

Conference Proceedings

Conference presentations will be published in due time after the conference.

Currency

Local currency is the Nepalese Rupee (NPR; as of July 31, 2019 1 EUR/US\$ = about 122/110 NPR). Money can be exchanged in numerous licensed exchange offices; most international credit cards are accepted by hotels and larger stores; ATM- (Debit-) cards may be used at cash dispensers (ATMs).

Electricity

Electricity in Nepal is supplied at 220V, 50Hz AC and has a three-pin connecting plug. Be prepared for occasional short power outages.

Telephone

The country code for Nepal is +977

Time Zone

Nepal = UTC +5:45

Chairs and Speakers

Abou-Saleh, Mohammed (PhD, M Phil, FRCPssych)

St. George's, University of London, UK

Adhikari, Babita Thapa (PhD student)

School of education, Kathmandu University, Hattiban, Lalitpur, Nepal

Akkaya-Kalayci, Türkan (MD, PhD, PD)

Psychiatrist

Department of Child and Adolescent Psychiatry, Master program for Transcultural Medicine and Diversity Care, Medical University of Vienna

Alksiri, Reem

Syrian center for research and studies and WPA scientific section sequels to persecution, Syria/The Netherlands

Anders, Anne Iris Miriam (Mag.phil., Dr.phil., Dr.scient.pth., BA)

Tibetologist, Buddhologist and Scientist in the fields of Psychology and Psychotherapy Science

Institute for Social and Cultural Anthropology, Ludwig-Maximilians-University Munich, Germany

Angiras, Aditya (Dr., Ass. Professor)

Department of Hindi, Vishveshvaranand Vishwa Bandhu Institute of Sanskrit and Indological Studies, Panjab University, Hoshiarpur, Punjab, India

Baidya, Manish (PhD, MPH)

Research Lead

PHASE Nepal, Suryabinayak, Nepal

Bajracharya, Jamuna (MSc)

Psychiatric and Mental Health Nursing

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Bajracharya, Siddhi Laxmi (MSc, Ass. Professor)

Community Health Nursing

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Baron, David Arnold (MSEd, DO, Professor)

Psychiatrist

Prof., Provost (Rector), and Senior Vice President of Western University of Health Sciences and Emeritus Prof. at USC, USA

Berg, Melanie (Dipl. Soz.)

Social worker, Assistance MITK

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Chalise, Pratibha (MSc)

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Chinnery, Sandra

Nurse

International Nepal Fellowship (INF), Nepal

Doppler, Klara

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Drekovic, Alma (MA)

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Psychiatrist and psychotherapist

PsyQ Psychotrauma, Eindhoven, The Netherlands

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Feichtinger, Michael (MD, PhD, PD)

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Fischer, Gabriele (MD, PhD, Professor)

Psychiatrist Medical University Vienna, Austria; WPA

Göbl, Christian (MD, PhD, PD)

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Medical University Vienna, Austria,

Golsabahi-Broclawski, Solmaz (MD, PhD)

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Medizinisches Institut für transkulturelle Kompetenz, Bielefeld, Germany

Jayasekera, Kalyani (PhD)

Faculty of Law, General Sir John Kotelawala Defence University Ratmalana,

Sri Lanka

Joshi, Daya Laxmi (MSc, Assoc. Professor)

Clinical Oncology Nursing

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Joshi, Sunil Kumar (Prof. Dr.)

Kathmandu Medical College, Department of Community Medicine, Kathmandu,

Nepal

Kalayci, Viyan

Student

Wasa High School, Vienna, Austria

Karmacharya, Biraj M. (MD)

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Kaur, Jasvir

Student

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Kaur, Kirandeep

Teacher

Punjabi University, Patiala, Punjab, India

Kaur, Nipunta

Student

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Kaur, Parminder

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Human rights researcher

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Koirala, Ranjana (Bachelor in Nursing Sciences)

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Kunwar, Arun Raj (Dr.)

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Mishra, Durga Khadka (MPH, MPhil, PhD Scholar, Assoc. Professor)

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Mishra, Santosh Kumar (PhD)

Population Education Resource Centre (PERC), Department of Lifelong Learning

and Extension, S. N. D. T. Women's University, Maharashtra, India

den Otter, Joost J. (PhD, MD, MSc)

Health Programme Manager/Detention

International Committee of the Red Cross (ICRC) Kabul, Afghanistan

Paudel, Radha (MDM, MA, MEd, BN)

Humanitarian social activist

Radha Paudel Foundation, Nepal

Pokhrel, Diksha (Resident 2nd year)

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Pradhan, Sudarshan Narsingh (Prof. Dr.)

President, Psychiatrists' Association of Nepal (PAN)

Pun, Kunta Devi (M.Mid, PhD, Assoc. Professor)

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Rishal, Poonam (Dr.)

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Schouler-Ocak, Meryam (MD, PhD, Professor)

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Shah, Bigya (MBBS, MD)

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Shrestha, Akina (MPH, PhD)

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Shrestha, Geeta Kamal (Master in Nursing in Women's Health and Development, Assoc. Professor)

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Shrestha, Shrinkhala (MPH)

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Shrestha, Sushila (Master in Community Health Nursing)

Lecturer in Community Health Nursing

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Sommergruber, Michael (MD, PhD)

Gynecologist and obstetrician

Medical University Salzburg, Austria

Srinath, Shilpa

Clinical psychologist, research scholar

National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, India

Stompe, Thomas (MD, PhD, Professor)

Psychiatrist

Medical University Vienna, Austria; WPA

Tamang, Sarala

Social worker, program team leader Nepal

Harambee Arts, Nepal

Tamrakar, Suman Raj (Dr., Assoc. Professor)

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University Hospital, Dhulikhel Kavre, Nepal

Thapa, Narbada (PhD)

Institute of Crisis Management Studies, Public Health and Epidemiology, Kathmandu, Nepal

Tirado-Muñoz, Judit (PhD)

Psychologist

Hospital del Mar Medical Research Institute (IMIM), Barcelona, Spain and San Diego, USA

Tod, Sandra (MD, PhD)

Psychotherapist

Private medical practice, Vienna, Austria

Torrens, Marta (MD, PhD, Professor)

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IMIM Hospital del Mar, Medical Research Institute, Barcelona, Spain

Verma, Anupama (Dr.)

Assistant Professor

Shri agrasen PG TT college CTE, Jamdoli-Jaipur, Rajasthan, India

Weißhaupt, Karen (MD, PhD)

Gynecologist and obstetrician

Clinic for Obstetrics, Charité – Universitätsmedizin Berlin, Germany

Wenzel, Thomas (MD, PhD, Professor)

Psychiatrist

Medical University Vienna, Austria; WPA scientific section sequels to prosecution

Pre-Conference Workshop

Dhulikhel, August 27–28, 2019

Site of Kathmandu University Dhulikhel



Pre-conference symposium with participation of representatives of all local stakeholders and international experts on women's health, exchange on challenges and solutions between regional and international experts, visit of Kathmandu University Campus and Hospital, and of local primary health care and counselling centers.

First Day – August 27, 2019 / 09:00 to 16:30

Morning Session – Women's Health in Nepal

Chair: Daya Laxmi Joshi, Ajay Risal (Nepal)

- Short welcome speech – *Prof. Dr. Rajendra Koju (Dean of Kathmandu University)*
- Cervical cancer among reproductive women – *Pratibha Chalise*
- Gender discrimination – its impact on women's health – *Pratima Manandhar*

Tea break

- An intervention to increase safety of women who experience domestic violence during pregnancy – a feasibility study in an antenatal care setting – *Poonam Rishal*
- Rural Women's Health Program of Dhulikhel Hospital – *Shrinkhala Shrestha*

Lunch

Afternoon Session – Teaching Course / 14:30–16:30

- Teaching Session I – *Thomas Wenzel*
Documentation and investigation of violence (Istanbul protocol)
- Teaching Session II – *Reem Alksiri*
Women and women's rights
- Short closing remarks – *Prof. Thomas Wenzel*

Second Day – August 28, 2019 / 09:00 to 17:00

Local Health Care-Center, Dhulikhel Hospital

Excursion: visit of a local health-care center of Dhulikhel Hospital local health-care system and women's health related program.

Main Scientific Conference

Kathmandu, August 29–31, 2019

Hotel Crowne Plaza Kathmandu – Soaltee



First Day – August 29, 2019 / 09:00 to 18:00

Opening Ceremony / 09:00 to 09:30

- *In Memory Dr. Kedar Manandhar*
- Rector, Kathmandu University
- Dean, Kathmandu University
- Representative of Women's Projects in Nepal
- Representatives of International Organisations
- Prof. Dr. Sudarshan Narsingh Pradhan, President, Psychiatrists' Association of Nepal (PAN)
- Representative of WPA

Key Note Lectures / 09:30 to 12:40

Chair: Boris Drozdek (The Netherlands), Sudarshan Narsingh Pradhan (Nepal)

- 09:30 Status of women's health in Nepal
– *Geeta Kamal Shrestha (Nepal)*
- 10:00 An overview: women's health as interdisciplinary public health challenge
– *Biraj Karmacharya, Kunta Devi Pun (Nepal)*
- 10:30 Heterogeneous and “hidden” long-term impacts of exposure to war and violence
– *Boris Drozdek (The Netherlands)*
- 11:00 *Tea break*
- 11:30 Integrating different disciplines to improve mental health, safety and well-being
– *Thomas Wenzel (Austria)*
- 12:00 Mental health of Syrian refugees: looking backwards and forwards
– *Mohammed Abou-Saleh (UK)*
- 12:20 The ignored practice of menstruation in Nepal and its impact on women's health and safety in the era of 2030 agenda
– *Radha Paudel (Nepal)*
- 12:40 *Lunch*

Poster Presentation / 12:40 to 14:00 (see p. XX for details)

Afternoon Sessions / 14:00 to 18:10

SYMPOSIUM 1: Women and substance use disorder: how to prevent violence exposure

Chair: Gabriele Fischer (Austria), Ajay Risal (Nepal)

- 14:00 Violence in substance abusing women related to co-morbidities
– *Marta Torrens (Spain)*
- 14:20 Intimate partner violence exposure in women with SUD
– *Judit Tirado-Muñoz (USA)*
- 14:40 Violence in women with SUD under the human rights mandate
– *Gabriele Fischer (Austria)*
- 15:00 Comparison of belief and attitude towards treatment of substance use disorders among trained and untrained female medical students and residents
– *Bigya Shah, Pawan Sharma, Suresh Thapaliya, Rabi Shakya, Eloma Shrestha, Kriti Vaidya (Nepal)*
- 15:20 Tea break

SYMPOSIUM 2: Women in armed conflicts – physical and mental health

Chair: David Baron (USA), Narbada Thapa (Nepal)

- 15:50 Sexual and reproductive health for women in war and conflict zones: issues for concern
– *Santosh Kumar Mishra (India)*
- 16:10 Gear to safeguard health rights of women in non-international armed conflicts in Asia: drawbacks and impediments
– *Kalyani Jayasekera (Sri Lanka) (via Skype)*
- 16:30 Human rights in persecution and torture
– *Reem Alksiri (Syria/The Netherlands)*
- 16:50 Gender discrimination in India
– *Anupama Verma (India)*
- 17:10 Short break

SYMPOSIUM 3: Brain trauma after violence – a special challenge in diagnosis and treatment

Chair: David Baron (USA), Poonam Rishal (Nepal)

- 17:20 Gender differences in neuro-imaging following brain trauma?
– *David Baron (USA)*
- 17:40 Unveil the stories from public transport in Nepal
– *Radha Paudel (Nepal)*

Welcome Reception / 18:30

Second Day – August 30, 2019 / 09:00 to 18:00

Morning Sessions / 9:00 to 12:40

SYMPOSIUM 4: Culture and gender

Chair: Thomas Wenzel (Austria), Geeta Kamal Shrestha (Nepal)

- 09:00 Culture and third sex
– *Thomas Stompe (Austria)*
- 09:20 Self esteem among transwomen in India: a qualitative analysis
– *Harsimar Kaur (India)*
- 09:40 An ethnography of a sterilisation camp: women's health and population control in rural North India
– *Eva Luksaite (UK)*
- 10:00 Health risk behaviors among young people: role of gender and family
– *Babita Thapa Adhikari (Nepal)*
- 10:20 Tea break

SYMPOSIUM 5: Trafficking

Chair: Reem Alksiri (Syria/The Netherlands), Sunil Kumar Joshi (Nepal)

- 10:50 Women and girls in humanitarian crises
– *Meryam Schouler-Ocak (Germany)*
- 11:20 Healing trauma in women and supporting them to discover their own identity and self-worth
– *Sarala Tamang (Harambee Arts, Nepal)*
- 12:20 Addressing violence against women and girls: an intervention for survivors of sexual abuse
– *Satvika Khera, Shruti Kapoor, Subuhi Safvi, Natalia Matajira, Apoorva Bhatt, Samantha Pasowicz (India)*
- 12:40 Lunch

Poster Presentation / 12:40 to 14:00 (*see p. XX for details*)

Afternoon Sessions / 14:00 to 18:00

SYMPOSIUM 6: Medical safety for pregnant women

Chair: Suman Raj Tamrakar (Nepal), Michael Sommergruber (Austria)

- 14:00 Maternity – prevention of complications in pregnancy and during birth
– *Karen Weißhaupt (Germany)*
- 14:20 Screening and diagnosis of gestational diabetes
– *Christian Göbl (Austria)*
- 14:40 Medical treatment of missed abortion in the first trimester
– *Michael Sommergruber (Austria)*

- 15:00 Low cost infertility diagnosis and treatment – risks and opportunities
– *Michael Feichtinger (Austria/Sweden)*
- 15:20 Tea break
- 15:50 Obstetric Fistula (OF) in Nepal (*with film*)
– *Sandra Chinnery (INF, Nepal)*
- 16:50 Round Table: Dialogue on dignified menstruation for assuring the safety of girls and women
(*Representatives from Nepal, India, Europe*)
Diksha Pokhrel (Nepal), Radha Paudel (Nepal)

Third Day – August 31, 2019 / 08:40 to 13:20

SYMPOSIUM 7: Special challenges on safety and well-being

Chair: *Boris Drozdek (The Netherlands), Pratima Manandhar (Nepal)*

- 08:40 Violence against women: medical professionals' role in uncovering domestic violence
– *Magdalena Eitenberger, Klara Doppler (Austria)*
- 09:00 Breaking the silence: the role of medical reporting systems in increasing female patient safety
– *Magdalena Eitenberger, Klara Doppler (Austria)*
- 09:20 Histories of intimate partner violence among women in short stay shelter homes
– *Shilpa Srinath (India)*
- 09:40 Awareness on mental illness among adults of Tharu community in Nepal
– *Ranjana Koirala (Nepal)*
- 10:00 Women and pain – chronic pain problem of women as an answer to social and mental problems (*via Skype*)
– *Solmaz Golsabahi-Broclawski (Germany)*
- 10:20 Women's health and safety in places of detention
– *Joost den Otter (ICRC, Afghanistan)*
- 10:40 Tea break

SYMPOSIUM 8: Children

Chair: *Thomas Wenzel (Austria), Arun Raj Kunwar (Nepal)*

- 11:20 Mental health problems of refugee children and adolescents
– *Turkan Akkaya-Kalayci (Austria)*
- 11:40 Postpartum depression among women attending maternal and child health clinic in selected hospitals of Nepal
– *Durga Khadka Mishra, Dhanedra Veer Shakya, Ram Sharan Pathak, Smriti Mishra (Nepal)*

SYMPOSIUM 9: Cultural aspects in treatment

Chair: Meryam Schouler-Ocak (Germany/WPA Transcultural Psychiatry)

- 12:00 The Spirit of time – about the deconstruction of sexual inequality and the reconstruction of love
– *Sandra Tod (Austria)*
- 12:30 Mental health in Tibetan medicine
– *Miriam Anders (Germany)*
- 12:40 Importance of word in CBT: the context of SriMadBhagavad Geeta
– *Aditya Angiras (India)*
- 13:00 The impact of social media on auto-aggressive behavior of young people
– *Viyana Kalayci (Austria)*
- 13:10 Master program for Transcultural Medicine and Diversity Care at Medical University of Vienna
– *Turkan Akkaya-Kalayci (Austria)*

Closing Ceremony and Panel / approx. 13:20

- International organisations
 - Leadership Kathmandu University and regional universities
 - Conference organisers
 - Preparation of declaration on women and safety in Asia
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Presented Posters

- Gifted girls and women
– *Alma Drekovic, Solmaz Golsabahi-Broclawski (Germany)*
- Sex and gender differences in substance use
– *Melanie Berg, Solmaz Golsabahi-Broclawski (Germany)*
- Perceived stress among female students
– *Jasvir Kaur (India)*
- A pathway to good mental health among female students
– *Nipunika Kaur (India)*
- Violation of educational rights of women in India
– *Kirandeep Kaur (India)*
- Sertraline induced urinary retention in a young female : a case report
– *Bigya Shah, Rabi Shakya (Nepal)*
- Role of corporate social responsibility (CSR) in women development in India: a meta-analysis
– *Kulwinder Singh, Parminder Kaur (India)*
- Mental health situation of informal waste workers in Nepal
– *Manish Baidya (Nepal)*